



# HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453  
Office: (757) 468-3600 | Fax: (757) 468-3342  
Sacramental Emergency (after hours): (757) 904-3069  
www.holyspiritvb.org | office@holyspiritvb.org  
Facebook / Instagram / YouTube: Holy Spirit VB

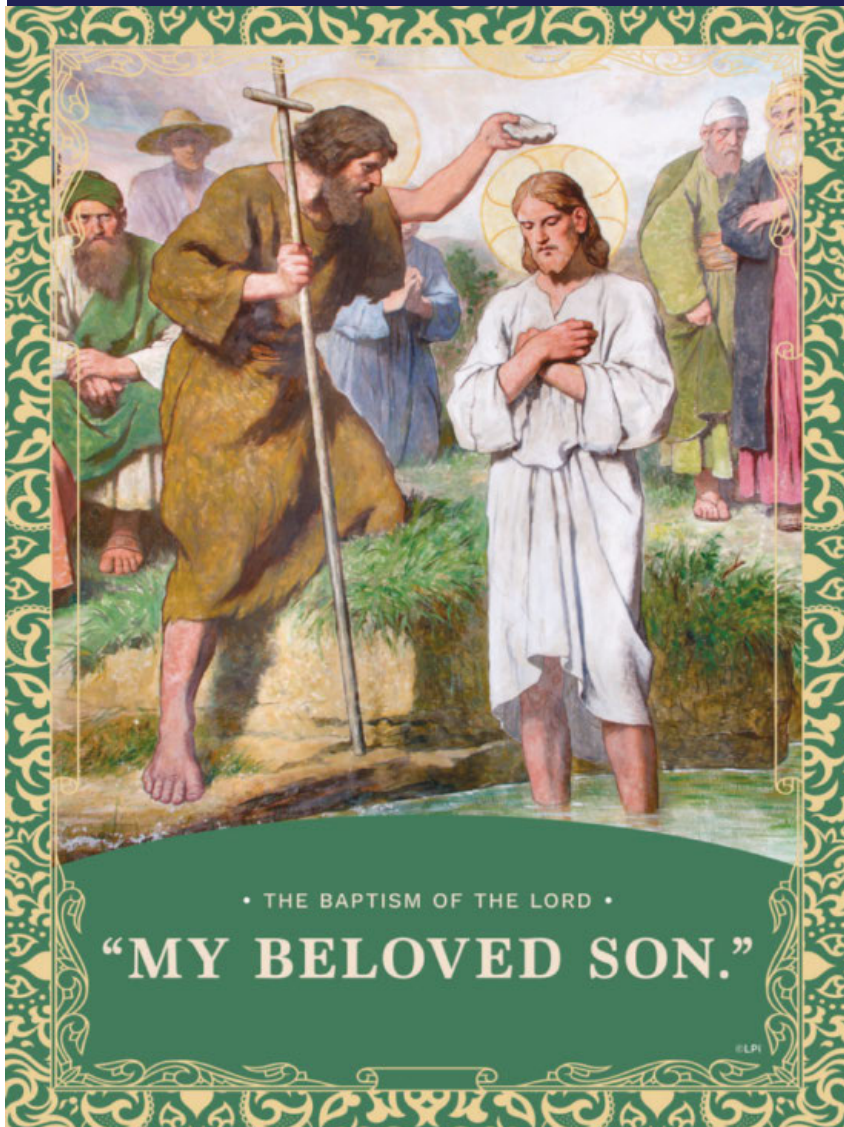
## PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | Friday: 9:00 am - 12 pm

## OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

**JANUARY 12, 2025**



## WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm  
Sundays: 8:00 am, \*10:00 am & 12:00 pm

## WEEKDAY MASS SCHEDULE

Tuesday and Thursday: 6:15 pm  
Wednesday and Friday: 8:00 am  
*\*Livestream Mass*

## HOLY ROSARY

Tuesday—Thursday: after Weekday Masses  
Friday: 7:15 am (with Divine Mercy Chaplet)

## SACRAMENT OF RECONCILIATION

Tuesday and Thursday 4:00 pm through 5:30 pm

## ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

## SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend two (2) Baptismal Preparation Classes in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

## SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact the parish office for more information.

## SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact the parish office if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

## SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

## ANOINTING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

## SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

## THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.



**THIS WEEK AT HOLY SPIRIT**

*(Subject to change, please check our website or call the Parish office)*

**PLEASE SILENCE ALL CELL PHONES AND ELECTRONIC DEVICES DURING MASS.**

*\*Public/Livestream*

**SUNDAY, JANUARY 12 THE BAPTISM OF THE LORD**

8:00 am Mass  
*Maria Mayo Matta †*

10:00 am \* Mass  
*All Souls in Purgatory †*

12:00 pm Mass  
*Parishioners of Holy Spirit*

1:30 pm Grades K-5 Formation

6:00 pm Life Teen

**MONDAY, JANUARY 13**

11:00 am Widows & Widowers Movie Time (A)

6:00 pm SVDP Outreach Ministry Office Hours

6:30 pm Middle School EDGE (A)

**TUESDAY, JANUARY 14**

10:00 am SVDP Outreach Ministry Office Hours

4:00 pm Reconciliation (CH)

6:15 pm Mass/Rosary (WS) *All Souls in Purgatory †*

7:00 pm Adult Bible Study (Cenacle)

7:00 pm Baptism Prep (B)

7:00 pm Confirmation Session 6 (A)

7:00 pm Haiti Ministry Meeting (L)

**WEDNESDAY, JANUARY 15**

8:00 am Mass/Rosary/Novena (WS) *All Souls in Purgatory †*

12:00 pm Canasta Card Players (A)

7:00 pm Parish Council (L)

**THURSDAY, JANUARY 16**

10:00 am SVDP Outreach Office Ministry Office Hours

4:00 pm Reconciliation (CH)

6:15 pm Mass/Rosary (WS) *All Souls in Purgatory †*

7:00 pm Finance Council Meeting (L)

**FRIDAY, JANUARY 17 MEMORIAL OF SAINT ANTHONY, ABBOT**

7:15 am Rosary/Divine Mercy Chaplet (WS)

8:00 am Mass (WS) *All Souls in Purgatory †*

9:30 am Bible Study

**JANUARY 18**

10:00 am Safety Meeting (A/B/K)

5:00 pm Mass (WS)  
*Denis Ventura †*

6:00 pm Haiti Ministry Pancake breakfast fundraiser (B/K)

**ADORATION OF THE BLESSED SACRAMENT SCHEDULE CHANGE**



Beginning in 2025, Adoration of the Blessed Sacrament will only be available on the First Thursday of the month from 12:00 pm to 6:00 pm.

**SACRAMENTAL EMERGENCY**

While Fr. Anthony is away, if you are in need of a priest after hours, please call the parish office at (757) 468-3600 and dial extension 109. Please leave a message.

**Your call will be returned within 24 hours**

**PARISH CLERGY AND STAFF**

(757) 468-3600 | [office@holyspiritvb.org](mailto:office@holyspiritvb.org)

Pastor / Ext 103  
Rev. Anthony Mpungu | [FrAnthony@holyspiritvb.org](mailto:FrAnthony@holyspiritvb.org)

Deacons / Ext 109  
Rev. Mr. Robert Smithberger | [deaconbob@holyspiritvb.org](mailto:deaconbob@holyspiritvb.org)  
Rev. Mr. Steve Kuczma | [deaconsteve@holyspiritvb.org](mailto:deaconsteve@holyspiritvb.org)

Business Manager / Ext. 115  
Lani Ulep ..... [mulep@holyspiritvb.org](mailto:mulep@holyspiritvb.org)  
Director of Liturgy & Music / Ext. 114  
Erin Laurence ..... [elaurence@holyspiritvb.org](mailto:elaurence@holyspiritvb.org)  
Coordinator for Faith Formation (K-5) / Ext 108  
Jenny Scharf ..... [jscharf@holyspiritvb.org](mailto:jscharf@holyspiritvb.org)  
Asst. Coordinator for Faith Formation / Ext. 113  
Donna Consla ..... [dconsla@holyspiritvb.org](mailto:dconsla@holyspiritvb.org)  
Parish Secretary / Ext 116  
Joy Palm ..... [jpalm@holyspiritvb.org](mailto:jpalm@holyspiritvb.org)  
Bookkeeper / Ext. 117  
Anne Smithberger ..... [asmithberger@holyspiritvb.org](mailto:asmithberger@holyspiritvb.org)  
Facilities Maintenance Coordinator / Ext. 112  
Wayde McNeal ..... [wmcneal@holyspiritvb.org](mailto:wmcneal@holyspiritvb.org)  
Facilities Maintenance Assistant ..... Josh Gora  
Pianist/Organist ..... Richard Dettbarn  
Website Coordinator ..... Diana Ramos

**PARISH COUNCIL**

Charlie Chan	Tim Hatton
Amy Cheatham	Ken Hobbs
Judee Clamor	Linda Kuehn
Marivic Ellorin	George Onodu
Ian Fajardo	

**PRAYER REQUESTS**

**FOR THE SICK**

**Fr. Danny Cogut**

Pray for all the names listed in our book of intentions.

**† FOR THE DECEASED †**

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.



**BULLETIN SPONSOR OF THE WEEK**

Thank you to our sponsor.  
**Catholic Match VA**



**SOCIETY OF ST. VINCENT DE PAUL**

[www.SVDP-HolySpirit.org](http://www.SVDP-HolySpirit.org)

**SVDP Office number: (757) 468-1533**

[svdp@holyspiritvb.org](mailto:svdp@holyspiritvb.org)



**Outreach Office Hours:**

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

**FOOD PANTRY NEEDS**

This week, we are most in need of:

Boxes of assorted oatmeal packets

Hearty soups

Cans of tuna

Brown grocery bags

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

Thank you for your generosity!

**HAITI MINISTRY  
PANCAKE BREAKFAST FUNDRAISER**

After all Masses in Activity B on January 18/19.

\$6 per person includes 2 pancakes, sausage or bacon and fruit cup.

Tickets on sale after all Masses on January 11 & 12.

**BACK BY POPULAR DEMAND**

**BINGO  
NIGHT 2**

**SATURDAY  
JAN 25, 2025**

**6:30 - 9 PM**

**BINGO CARDS: \$2 OR 3 FOR \$5  
FOOD FOR SALE: BURGERS,  
HOT DOGS  
SNACKS AVAILABLE!**

**GOLDEN JUBILEE PHOTOS**



**Do you have photos from events at Holy Spirit from the past 50 years that you would love to share?**

Holy Spirit is collecting photos to be used in our 50th Anniversary Commemorative Book that highlight events such as parishwide celebrations, trips, pilgrimages, outreach, and fundraisers.

Please scan the QR code to submit photos for use in our 50th Anniversary Commemorative Book.

For questions, please email [hs50@holyspiritvb.org](mailto:hs50@holyspiritvb.org)



**TOP GOLF**

**TOP GOLF**  
JANUARY 20  
10 am - 12 noon  
\$20 per person  
*includes breakfast buffet*

**Join us for a family fun event!**

Tickets on sale after all Masses.

**UPCOMING PARISH EVENTS**

*Holy Spirit at 50 ... Moved by the Spirit!*

January 20, 2025 - Top Golf (\$)

February 10 - 12, 2025 - Parish Mission (date changed)

February 16 - June 3 (weekly) - Wild Goose Series

February 25, 2025 - Bible Museum (\$) (date changed)

March 22 - 23 - Ministry Fair

June 7, 2025 - Pentecost Vigil and Potluck

June 22, 2025 - Golden Jubilee Mass

June 22, 2025 - Choir Concert and Reception

September 6, 2025 - Fruits of the Spirit Picnic

September 15, 2025 - Jubilee Golf Tournament (\$)

October 17, 2025 - Golden Jubilee Gala (\$)



[www.holyspiritvb.org](http://www.holyspiritvb.org)

## SUPPORT HOLY SPIRIT THROUGH ONLINE DONATION

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ.



Thank you for your faithfulness and support!

## WORLDWIDE MARRIAGE ENCOUNTER



**WHEN ALL THE HUSTLE-BUSTLE OF THE HOLIDAYS ARE OVER.....** Don't you and your spouse deserve a beautiful, romantic weekend away together? If you agree then you'll want to attend a Worldwide Marriage Encounter Weekend.

For more information or to register, go to **WWME.org**, click "Apply" and search for your desired location. Feel free to contact Donald and Helen Dudley at 757-690-1369 or by email at [donald.helen.dudley@wwme.org](mailto:donald.helen.dudley@wwme.org) with any questions.

Here are a few upcoming experience:

**January 21 - February 2 Myrtle Beach, SC**

**March 7 - 9 Rehoboth Beach, DE**

**March 14 -16 Jessup, MD and Ocean City, NJ**

**March 21-23 Emerald Isle, NC**

## KNIGHTS OF COLUMBUS



The Knights of Columbus is an international Order of Catholic men who are called to lead with faith, protect our families, serve others and defend values in a busy changing world. Our local council Father Nicholas J. Habets Council

#4632 will be holding a membership drive at Holy Spirit Catholic Church on the weekend of January 18th and 19th. Whether you become an individual member or a member of our council you will find that Knights of Columbus membership brings Catholic men together in a powerful way.

If you would like to join today, simply go to **KofC.org/join** and enter council #4632.

## SUNSHINE CLUB



The Sunshine Club Valentines Day Meeting will be on Wednesday, February at 12 Noon in Activity Room A in the parish. **Cost is \$5.00** for Sunshine Club members and their guests. This month's entertainment is "Fond Memories" musical group including "Frank sings Frank". The luncheon will be cooked and served by the men and is **NOT** a potluck. Bring only a hearty appetite.

**The deadline for signing up is Sunday, February 2, 2025.**

Sign-up forms are available in the Sunshine Club mailbox located in the Office Reception Area. Come early to reserve your favorite seat.

For questions, call Jim Pokrywka (757) 340-8138.

## 2024—2025 FAITH FORMATION RELIGIOUS EDUCATION CLASS

### Grades K—5

Meets on Sundays: 1:30 pm – 2:45 pm

### Grades 6-8: (Middle School EDGE)

Meets on Mondays: 6:30 pm - 8:00 pm

### Grades 9-12: (Life Teen)

Meets on Sundays: 6:00 pm - 8:00 pm

For more information, contact Jenny Scharf at extension 108 or Donna Consla at extension 113 in the parish office.

## CHILDRENS LITURGY OF THE WORD (CLOW)

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consla in the parish office at ext. 113 or by email at [dconsla@holyspiritvb.org](mailto:dconsla@holyspiritvb.org)

## VOLUNTEER REQUIREMENT

The Diocese of Richmond requires **ALL** volunteers complete a yearly background check and VIRTUS training every five years.

## YOUNG ADULT RETREAT

**Jesus is My Hope**  
A Retreat for Young Adults  
January 18 & 19, 2025  
Saint Clare of Assisi Retreat Center  
Suggested Donation: \$50

Topics Include  
Hope in the Eucharist  
Hope in Prayer  
Hope in Difficulties  
Hope in Confession

Join Other Young Adults (18-39)  
Celebration of Mass  
Sacrament of Reconciliation  
Time with Jesus in Adoration  
Fellowship & Dynamic Discussions

I plead with you!  
Never, ever give up  
on hope, never doubt,  
never tire, and never  
become discouraged.  
Be not afraid.  
- St. John Paul II -

To sign up for the Young Adult Retreat, go to:

<https://saintclaretretreatcenter.flocknote.com/signup/186692>

## PARISH REGISTRATION

**Why should you "officially" register as a parishioner at Holy Spirit Catholic Church?**

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at [www.holyspiritvb.org](http://www.holyspiritvb.org) or pick up a registration form at the information desk in the commons. Call the parish office if you have any questions.



**CATHOLIC LIFE EXPLAINED  
WHY DO WE DO THAT?**

**BAPTISMAL BIB**

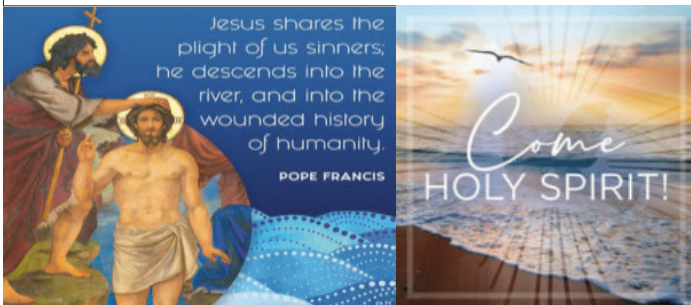
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**Question:**

*At my grandson's Baptism, the priest put a bib on the baby. I do not remember seeing this before. Why is this done? Is it something new?*

When an adult is baptized, there is a part in the ceremony when the newly baptized is vested in a white garment. It is symbolic of the changes that baptism brings in the life of the baptized as they are freed from the bonds of sin and brought into the saving grace of Christ. Realities that are so profound are symbolically presented so that we might better grasp and understand them.

Infants are often dressed in a baptismal dress, which is the baptismal garment. In some places, the bib is used as a kind of baptismal garment. At the place in the ceremony where the investiture takes place, the bib is used. Some are poncho-like and fit over the baby's head. Others are simply placed on the baby's chest. If the baby is dressed in a white garment, nothing else is needed. The prayer says it all: "See in your white garment the outward sign of your Christian dignity ... bring that dignity unstained into the everlasting life of heaven." In baptism, we are given our purpose and goal in life as believers and this is symbolized by the white garment.



**QUESTION OF THE WEEK  
REFLECT AND RESPOND TO THE SCRIPTURE**

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**FIRST READING:**

The prophet Isaiah brought words of comfort and hope from God to the Israelites exiled in Babylon. Is there someone in your life who needs hope for the future?

**SECOND READING:**

Paul challenged Titus to reject godless ways and worldly desires. Do you have any family or friends you consider a role model in living an exceptional life?

**GOSPEL:**

The Holy Spirit affirms Jesus as the Christ, the beloved Son of God. When do you sense the presence of the Holy Spirit in your life?

**CATHOLIC TRIVIA**

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**Question:** *What is the incense burner used at Mass called?*

**Answer:** Thurible or censer.

**GOSPEL MEDITATION  
ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE**

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In my second year of theology studies, I went to confession to a priest visiting the seminary for a three-day retreat. My heart wasn't in it. I was going through the motions. I confessed my sins and waited for his response. The priest said, "For your penance, I'd like you to go into the chapel and repeat the words 'You are my beloved Son, with you I am well pleased' (Luke 3:22) until they mean something to you." Easy penance, I thought.

But to my surprise, I struggled to say those words. I sensed a strong interior resistance blocking them. How could God be well-pleased with me? He couldn't be, I thought. A battle within me ensued. Two hours later, the resistance vanished, and I found myself able to speak, and claim as my own, those marvelous words. I emerged from the chapel with a new, deep, peaceful conviction that I was indeed God's beloved son.

Those words are a precious gift from heaven to all of us. Jesus' baptism, which we celebrate this week, offers them to us. Are we willing to receive these words anew? Many things can block this deepening of our baptismal identity: failings, sins, disappointments, traumas, problems, and so on. Yet God's love is always greater. This week I challenge you to prayerfully repeat these words over yourself — or perhaps over someone you're struggling to love — until those words find a home in your heart.

— Father John Muir

**LIVE THE LITURGY  
INSPIRATION FOR THE WEEK**

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"The people were filled with expectation," writes Luke. And so we find ourselves, two thousand years later, filled with expectation, with longing. Who can give us what we seek? Only the one upon whom the dove descended. Follow him.

**LOW GLUTEN HOST**

If you are in need of a low-gluten host at Mass, please contact the Parish office.

**HOMEBOUND MINISTRY**

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

**BORROWED PYX**

Please return borrowed pyx to the Parish Office.

**READINGS FOR THE WEEK**

**Sunday:** Is 40:1-5, 9-11/Ps 104/Ti 2:11-14; 3:4-7/Lk 3:15-16, 21-22

**Monday:** Heb 1:1-6/Ps 97/Mk 1:14-20

**Tuesday:** Heb 2:5-12/Ps 8/Mk 1:21-28

**Wednesday:** Heb 2:14-18/Ps 105/Mk 1:29-39

**Thursday:** Heb 3:7-14/Ps 95/Mk 1:40-45

**Friday:** Heb 4:1-5, 11/Ps 78/Mk 2:1-12

**Saturday:** Heb 4:12-16/Ps 19/Mk 2:13-17

**Next Sunday:** Is 62:1-5/Ps 96/1 Cor 12:4-11/Jn 2:1-11

## VOCATION MINISTRY

**“YOU ARE MY BELOVED SON;  
WITH YOU, I AM WELL PLEASED”**

God takes great pleasure in those who respond to His call. Do you hear His voice? He may be calling you to the priesthood or consecrated life. Talk to your priest or reach out to the Vocation Office (804) 359-5661 or via email: vocations@richmonddiocese.org.

## PRAY FOR OUR SEMINARIANS

Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Ancil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

## LETTERS OF SUPPORT FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

**Thank you for supporting our seminarians.**



# PRAY FOR VOCATIONS

## ASSISTANCE DURING COMMUNION

Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the Extraordinary Minister of Holy Communion (EMHC) to your seat with the Host and that you do not miss the opportunity to receive the Lord.

## UNIVERSAL PRAYER (Prayer of the Faithful)

Please call the Parish office to add names of the sick and recently deceased to the Universal Prayer which will be read at weekend Masses.

**Only family members may request names to be added for the universal prayer.**

The Book of Intentions and Book of Remembrance are located in the Chapel for non-family members or for death anniversaries.

**Please be assured that we pray for all the names on both books at all Masses.**

## PRAYER FOR BAPTISM

Oh God,  
You desire each of us to be a part of Your sacred family, called and invited into relationship with You.  
May the grace of our Baptisms surround us anew,  
who are beloved and chosen by You .  
Amen.

## POPE FRANCIS GENERAL PRAYER INTENTION FOR JANUARY

### FOR THE RIGHT TO AN EDUCATION

Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected .

## HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$25 each is still available at the parish office.

Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman.  
Music by Erin Laurence and Justin Kauflin.

**100% of the proceeds go directly to Holy Spirit Catholic Church**

## ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records.  
Thank you.

## CYBERCRIME ALERT

If you receive a phone call, text or email from Father Anthony requesting money or gift cards, rest assured that it is a SCAM.  
**Please do not engage, reply, or click on any links.**

## FUNERAL THANK YOU

We, the family of ThieuBich Maria “Mary” Nguyen would like to thank everyone involved in giving our beloved wife, mom, and grandmother a beautiful and heartfelt ceremony that honored her Catholic faith and Vietnamese culture. We especially would like to express our gratitude to Father Anthony for his time, presence, and powerful prayers. To Erin for her gift of music and for facilitating my mom’s wish to have a couple of Vietnamese hymns included. To Joy for her time and technical help, to the funeral liturgy team for working with us to provide a seamless commemoration, to Betty and the funeral reception committee for coordinating the details of the reception. We are forever grateful to Holy Spirit Catholic Church for the integral support given to our family from the very first steps onto American soil 44 years ago to every baptism, first communion, wedding, and now funeral.





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**622-7353**

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**428-7880**

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