



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | Fax: (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: Holy Spirit VB

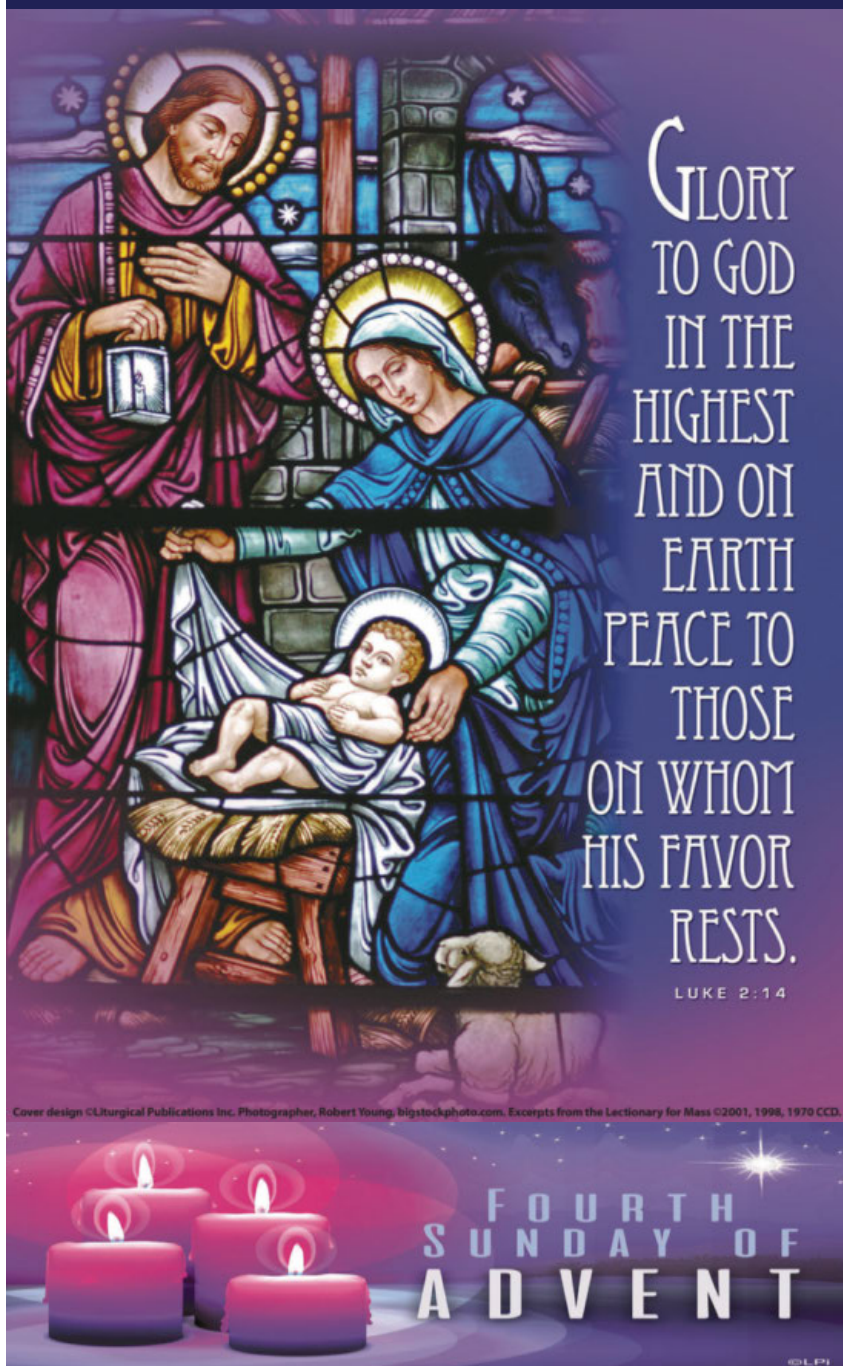
PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | Friday: 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

DECEMBER 22, 2024



GLORY
TO GOD
IN THE
HIGHEST
AND ON
EARTH
PEACE TO
THOSE
ON WHOM
HIS FAVOR
RESTS.

LUKE 2:14

Cover design ©Liturgical Publications Inc. Photographer, Robert Young, bigstockphoto.com. Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

FOURTH SUNDAY OF ADVENT

WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

ADVENT WEEKDAY MASS SCHEDULE

Tuesday through Friday: 8:00 am

**Livestream Mass*

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (and Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Advent Reconciliation Service or by appointment

ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend two (2) Baptismal Preparation Classes in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact Donna Consla for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact Donna Consla if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANOINTING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.

©LPI

THIS WEEK AT HOLY SPIRIT

(Subject to change, please check our website or call the Parish office)

PLEASE SILENCE ALL CELL PHONES AND ELECTRONIC DEVICES DURING MASS.

**Public/Livestream*

SUNDAY, DECEMBER 22 FOURTH SUNDAY OF ADVENT

8:00 am Mass with OCIA Rite of Entrance/Welcome
Parishioners of Holy Spirit

10:00 am * Mass
Raymond B. Fone †

12:00 pm Mass
Zach & Meghan McKiernan †

MONDAY, DECEMBER 23

PARISH OFFICE CLOSED

TUESDAY, DECEMBER 24 THE NATIVITY OF THE LORD CHRISTMAS EVE

PARISH OFFICE CLOSED

4:00 pm * The Nativity of the Lord Vigil Mass (WS)
Parishioners of Holy Spirit

6:00 pm The Nativity of the Lord Vigil Mass (WS)
Anne Marie Holland †

10:00 pm The Nativity of the Lord Vigil Mass (WS)
Maximo & Consorcia Espiritu †

WEDNESDAY, DECEMBER 25 THE NATIVITY OF THE LORD CHRISTMAS DAY

PARISH OFFICE CLOSED

10:00 am The Nativity of the Lord Mass †
Roel Cruz †

THURSDAY, DECEMBER 26 FEAST OF SAINT STEPHEN MARTYR

PARISH OFFICE CLOSED

FRIDAY, DECEMBER 27 FEAST OF SAINT JOHN THE APOSTLE

PARISH OFFICE CLOSED

SATURDAY, DECEMBER 28 FEAST OF THE HOLY INNOCENTS

5:00 pm Mass (WS)
Anne Marie Holland †

HOLIDAY OFFICE HOURS

- The Parish office is closed from Monday, December 23 through Wednesday, January 1, 2025.
- The Parish will open on Thursday, January 2 at 9 am.

SPECIAL COLLECTION

The special collection for the Nativity of the Lord (Christmas Eve and Christmas day) Masses is for Catholic Charities of Eastern Virginia. Thank you for your support and generosity.

DID YOU KNOW...

Catholic Charities of Eastern Virginia has services and resources you may be looking for!

- Financial, Budgeting & Housing Counseling
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- Mental Health Counseling
- In-Home Respite Care for Seniors

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VISIT WWW.CCEVA.ORG

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(757) 468-3600 | office@holyspiritvb.org

Pastor / Ext 103

Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org

Deacons / Ext 109

Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.org

Rev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org

Business Manager / Ext. 115

Lani Ulep mulep@holyspiritvb.org

Director of Liturgy & Music / Ext. 114

Erin Laurence elaurence@holyspiritvb.org

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Donna Consla dconsla@holyspiritvb.org

Parish Secretary / Ext 116

Joy Palm jpalm@holyspiritvb.org

Bookkeeper / Ext. 117

Anne Smithberger asmithberger@holyspiritvb.org

Facilities Maintenance Coordinator / Ext. 112

Wayde McNeal..... wmcneal@holyspiritvb.org

Facilities Maintenance Assistant Josh Gora

Pianist/Organist Richard Dettbarn

Website Coordinator Diana Ramos

PARISH COUNCIL

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Amy Cheatham

Judee Clamor

Marivic Ellorin

Ian Fajardo

Tim Hatton

Ken Hobbs

Linda Kuehn

George Onodu

PRAYER REQUESTS

FOR THE SICK

Fr. Danny Cogut

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.



BULLETIN SPONSOR OF THE WEEK

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www.SVDP-HolySpirit.org

SVDP Office number: (757) 468-1533

svdp@holyspiritvb.org



Outreach Office Hours:

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

FOOD PANTRY NEEDS

This week, we are most in need of:

Boxes of assorted oatmeal packets

Hearty soups

Cans of tuna

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

SIMBANG GABI

December 21 - 5 pm Holy Spirit Catholic Church

December 22 - 7 pm St. Gregory the Great

December 23 - 4:30 pm St. Luke Catholic Church

SUNSHINE CLUB



Our 1st meeting for 2025 is a potluck at 12 noon on Wednesday, January 8, in Activity B in the Parish.

Bring your checkbook as we will be accepting payment for our February Valentines Day luncheon, where the men cook for the women. Cost for the Valentines Day luncheon is \$5.00 for Sunshine Club Members and Guests. The February meeting will be on Wednesday, February 14, 2025. The deadline for signing up for the February luncheon is Sunday, February 7, 2025.

For questions, call Jim Pokrywka (757) 340-8138.

KNIGHTS OF COLUMBUS



The Knights of Columbus is an international Order of Catholic men who are called to lead with faith, protect our families, serve others and defend values in a busy changing world. Our local council Father Nicholas J Habets Council

#4632 will be holding a membership drive at Holy Spirit Catholic Church on the weekend of January 18th and 19th. Whether you become an individual member or a member of our council you will find that Knights of Columbus membership brings Catholic men together in a powerful way.

If you would like to join today, simply go to KofC.org/join and enter **council #4632**.

Keep "Christ" in Christmas!

GOLDEN JUBILEE PHOTOS



Do you have photos from events at Holy Spirit from the past 50 years that you would love to share?

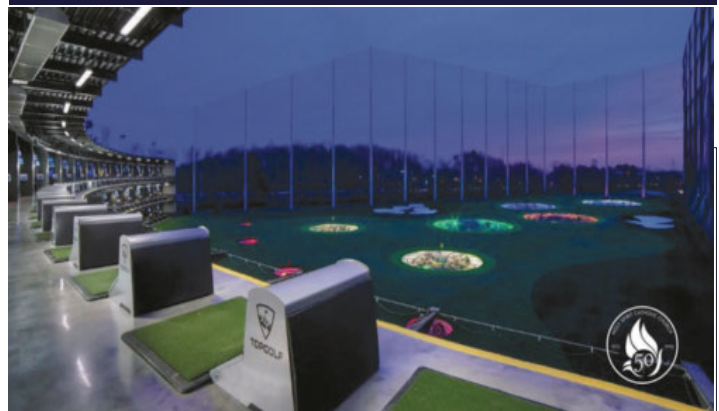
Holy Spirit is collecting photos to be used in our 50th Anniversary Commemorative Book that highlight events such as parishwide celebrations, trips, pilgrimages, outreach, and fundraisers.

Please scan the QR code to submit photos for use in our 50th Anniversary Commemorative Book.

For questions, please email hs50@holyspiritvb.org



TOP GOLF



Join us for a family fun event!

January 20, 2025

10 am—12 pm

\$20 per person

Tickets on sale after all Masses.

UPCOMING PARISH EVENTS

Holy Spirit at 50....Moved by the Spirit!

January 20, 2025 — Top Golf (\$)

February 10 - 12, 2025 — Parish Mission

February 16 - June 3, 2025 (weekly) — Wild Goose Series

February 27, 2025 — Bible Museum (\$)

March 22-23, 2025 — Ministry Fair

June, 7, 2025 — Pentecost Vigil and Potluck

June 22, 2025 — Golden Jubilee Mass

June 22, 2025 — Choir Concert and Reception

September 6, 2025 — Fruits of the Spirit

September 15, 2025 — Jubilee Golf Tournament (\$)

October 17, 2025 — Golden Jubilee Gala (\$)



www.holyspiritvb.org

SUPPORT HOLY SPIRIT THROUGH ONLINE DONATION

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ.



Thank you for your faithfulness and support!

WORLDWIDE MARRIAGE ENCOUNTER



Sign up now for the next Worldwide Marriage Encounter weekend and receive the gift of a great marriage. Making a weekend will help you put a little Christmas in your marriage every day!

For more information or to register, go to WWME.org, click "Apply" and search for your desired location. .

Feel free to contact Donald and Helen Dudley at 757-690-1369 or donald.helen.dudley@wwme.org with any questions.

Here is the next upcoming experience:

January 7 - February 18, virtual (Tuesday evenings)

January 21 - February 2 Myrtle Beach, SC

March 7 - 9 Rehoboth Beach, DE

March 14 -16 Jessup, MD and Ocean City, NJ

March 21-23 Emerald Isle, NC

PARISH REGISTRATION

Why should you "officially" register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at www.holyspiritvb.org or pick up a registration form at the information desk in the commons. Call the parish office if you have any questions.

HOPE 4 LIFE VOLUNTEER OPPORTUNITY



Do you feel called to serve Christ in a purposeful, courageous way that helps save lives? Hope 4 Life, the only local Catholic pregnancy center, needs your help! One of our primary roles is standing prayerfully outside local abortion clinics, speaking words of truth, hope and love to the moms and encouraging them to choose life for their unborn child. We need volunteers to serve as either sidewalk advocates or prayer partners (on site, in support of the advocates). Though challenging, there is nothing more rewarding than being a part of God's work in saving the life of a child and the souls of the parents. Please prayerfully consider this opportunity to be a voice for the voiceless.

For more information, call or text Katrina at (757) 334-6149.

2024—2025 FAITH FORMATION RELIGIOUS EDUCATION CLASS

All Faith Formation Classes (Grades K-5), Middle School EDGE and High School Life Teen are cancelled on December 22 through December 29 for winter break. Classes will resume on January 5 and 6, 2025.

Contact Donna Consola or Kim Blanco in the parish office for questions.

CHILDRENS LITURGY OF THE WORD (CLOW)

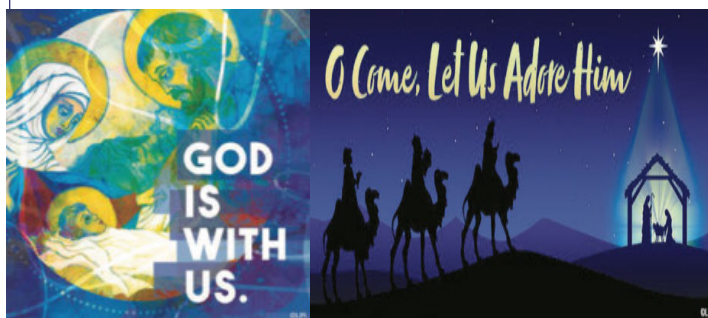
Children's Liturgy of the Word is cancelled on December 22 and 29, 2024. CLOW will resume on Sunday, January 5, 2025

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires ALL volunteers complete a yearly background check and VIRTUS training every five years.

BORROWED PYX

Please return borrowed pyx to the Parish Office.



Dedicated to helping you heal

Virtual Support Group for those who have suffered abuse by clergy or lay personnel residing in the Catholic Diocese of Richmond.

We invite you to join the group on the first Wednesday of each month at 7 p.m. These gatherings, led by an independent facilitator, will offer a safe environment for participants to connect, share experiences, support, and heal.

Spouses and affected community members are also welcome.

Questions? Email vac@richmonddiocese.org

QR code for joining the virtual support group.

CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

CHRISTMAS GIFTS

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Question:

Why do we give gifts at Christmas?

Great events in and of themselves are not tangible. They occur in life but leave no mark behind, nothing that someone could come across and know that something significant occurred. So we mark the event with monuments, holidays, gold watches or plaques, making a meaningful event tangible and memorable.

Gifts at Christmas do the same thing. They mark the occasion of the birth of Jesus, communicating a bit of the joy of the day by allowing us to be both giver and receiver. Gift-giving sets aside the day as special and different. The special foods, customs, decorations, and gifts all help focus our attention on the importance and meaning of the day and at the same time allow us to share personally in its joy and happiness.

In giving gifts, though, we can share in the meaning of Christmas in a significant way. We imitate God in sharing with others. We give a bit of ourselves to others in the gifts we give, just as God gives us the gift of his Son. No wonder we often say that the best gifts are those that come from the heart. Given in love, these presents are wrapped in the best covering of all.

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

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FIRST READING:

Isaiah speaks of a time when Israel's darkness and gloom will be transformed to light and rejoicing through the birth of a son. How does your family celebrate the birth of children/grandchildren?

SECOND READING:

Titus speaks of "the grace of God" that has delivered and cleansed us to do good as we await the return of Jesus. What good could you do this week for your family or friends?

GOSPEL:

Elizabeth calls Mary "blessed" because she believed and trusted in the Lord. Are there people in your life who model such trust and faith in God? In Luke's account of the birth of Jesus, we hear how the angel of the Lord informed the shepherds in the fields of the unforgettable good news. What are some of your favorite memories of Christmas day?

CATHOLIC TRIVIA

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Question: *What are the names of the two Sacraments of Healing?*

Answer: The Anointing of the Sick and Reconciliation/Confession.

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

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In one of my assignments as a priest I was asked to provide administrative oversight to a rather large Church operation with massive financial, legal, and personnel challenges. When I began, I felt overwhelmed and unqualified. Someone said to me, "You are totally unqualified for this work." The unfeeling truth of it stung. Reeling and upset, I reached out to my predecessor, who said, "Your job is to bring Jesus into every situation. Let everyone else be the experts in all the other stuff." It was so liberating. My lack of qualifications actually became an asset because it grounded me in the truth of Jesus alone and not in my own skill.

Do you ever feel unqualified to be a messenger of Jesus to the world? The shepherds in the Gospel account of Jesus' birth were part of a scorned and despised class in those days, not unlike prostitutes and tax collectors. They were not competent and respected citizens. And they are the ones who are approached by angels and invited to see Jesus, Mary, and Joseph. They ignore their lack of qualifications and announce what they've seen and heard about the newborn king.

So, it goes with us. When it comes to the things of God and angels, we are as incompetent and unlikely as shifty shepherds. Until, that is, we behold the glory of the newborn king, which we do in the Christmas liturgy. May the revelation to us of Christ's birth this Christmas overwhelm our insecurities and make the likes of us the most unlikely heralds of our king ."

— Father John Muir

LIVE THE LITURGY INSPIRATION FOR THE WEEK

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"Do not be afraid," the angels told the shepherds. We, too, keep watch amidst a dark night. We may at times even despair of the coming of the light. But the angels' news is for us, too, today, and always: "Do not be afraid. A savior has been born

READINGS FOR THE WEEK

Sunday: Mi 5:1-4a/Ps 80/Heb 10:5-10/Lk 1:39-45

Monday: Mal 3:1-4, 23-24/Ps 25/Lk 1:57-66

Tuesday: Morning: 2 Sm 7:1-5, 8b-12, 14a, 16/Ps 89/Lk 1:67-79

Wednesday: Vigil: Is 62:1-5/Ps 89/Acts 13:16-17, 22-25/
Mt 1:1-25

Night: Is 9:1-6/Ps 96/Ti 2:11-14/Lk 2:1-14

Dawn: Is 62:11-12/Ps 97/Ti 3:4-7/Lk 2:15-20

Day: Is 52:7-10/Heb 1:1-6/Ps 98/Jn 1:1-18

Thursday: Acts 6:8-10; 7:54-59/Ps 31/Mt 10:17-22

Friday: 1 Jn 1:1-4/Ps 97: 1-2, 5-6, 11-12/Jn 20:1a, 2-8

Saturday: 1 Jn 1:5—2:2/Ps 124:2-3, 4-5, 7b-8/Mt 2:13-18

Next Sunday: 1 Sm 1:20-22, 24-28/Ps 84/1 Jn 3:1-2, 21-24/Lk 2:41-52

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

VOCATION MINISTRY

“THE WORD BECAME FLESH AND MADE HIS DWELLING AMONG US”

The birth of Jesus calls us to consider how we can bring His presence into the world. Could He be calling you to a vocation that brings the light of Christ to others? Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

PRAY FOR OUR SEMINARIANS

Rev. Mr. Christopher Weyer, Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

LETTERS OF SUPPORT FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

Thank you for supporting our seminarians.

ASSISTANCE DURING COMMUNION

Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the Extraordinary Minister of Holy Communion (EMHC) to your seat with the Host and that you do not miss the opportunity to receive the Lord.

UNIVERSAL PRAYER (Prayer of the Faithful)

Please call the Parish office to add names of the sick and recently deceased to the Universal Prayer which will be read at weekend Masses.

Only family members may request names to be added for the universal prayer.

The Book of Intentions and Book of Remembrance are located in the Chapel for non-family members or for death anniversaries.

Please be assured that we pray for all the names on both books at all Masses.

CYBERCRIME ALERT

If you receive a phone call, text or email from Father Anthony requesting money or gift cards, rest assured that it is a SCAM. **Please do not engage, reply, or click on any links.**

PRAYER FOR ADVENT JOY

Dear Jesus,
The news of your coming was met with boundless joy — fill us anew with the wonder of your presence.
You are Emmanuel, God with us Amen.

PRAYER FOR CHRISTMAS VISITORS

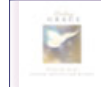
God bless us all this Christmas season,
those who enter and exit our home,
those near and far away,
those who will visit and those who cannot.
Fill our lives with the peace that comes from You.
Amen.

POPE FRANCIS GENERAL PRAYER INTENTION FOR DECEMBER

FOR PILGRIMS OF HOPE

We pray that this Jubilee Year strengthen our faith, helping us to recognize the Risen Christ in our daily lives, and that it may transform us into pilgrims of Christian hope.

HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$25 each is still available at the parish office.

Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman.
Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church



PRAY FOR VOCATIONS

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records.
Thank you.





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