



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | Fax: (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: Holy Spirit VB

PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | Friday: 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

JANUARY 19, 2025



2ND SUNDAY IN ORDINARY TIME

“DO WHATEVER HE TELLS YOU.”

DAY OF PRAYER

for the Legal Protection of Unborn Children

WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday and Thursday: 6:15 pm
Wednesday and Friday: 8:00 am
**Livestream Mass*

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (with Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Tuesday and Thursday 4:00 pm through 5:30 pm

ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend two (2) Baptismal Preparation Classes in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact the parish office for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact the parish office if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANOIDING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.

THIS WEEK AT HOLY SPIRIT

(Subject to change, please check our website or call the Parish office)

PLEASE SILENCE ALL CELL PHONES AND ELECTRONIC DEVICES DURING MASS.

**Public/Livestream*

SUNDAY, JANUARY 19

8:00 am Mass
Parishioners of Holy Spirit
10:00 am * Mass
Leighton Colebank †
12:00 pm Mass
Orlando Pabustan †
1:30 pm Grades K-5 Faith Formation
6:00 pm Life Teen

MONDAY, JANUARY 20 MARTIN LUTHER KING JR DAY / CIVIL RIGHTS DAY

PARISH OFFICE CLOSED

10:00 am - 12 pm Top Golf (Away)

TUESDAY, JANUARY 21 MEMORIAL OF SAINT AGNES

10:00 am SVDP Outreach Ministry Office Hours
4:00 pm Reconciliation (CH)
6:15 pm Mass/Rosary (WS) *Arsenio Sarigumba †*
7:00 pm Adult Bible Study (B)
7:00 pm Jubilee Sub-Committee Meeting—Commemorative Book and Fruits of the Spirit Picnic (L)

WEDNESDAY, JANUARY 22 DAY OF PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN

8:00 am Mass/Rosary/Novena (WS) *All Souls in Purgatory †*
12:00 pm Canasta Card Players (A)
7:00 pm SVDP Meeting (L)

THURSDAY, JANUARY 23

10:00 am SVDP Outreach Office Ministry Office Hours
4:00 pm Reconciliation (CH)
6:15 pm Mass/Rosary (WS) *Doctors & staff at Smiling with Love Pediatric Dentistry †*
7:00 pm NYC Parent/Teen Meeting (A)
7:00 pm Finance Council Meeting (L)

FRIDAY, JANUARY 24 MEMORIAL OF SAINT FRANCIS DE SALES

7:15 am Rosary/Divine Mercy Chaplet (WS)
8:00 am Mass (WS) *All Souls in Purgatory †*
8:30 am Potluck Breakfast Social Gathering (B)
9:30 am Bible Study (L)
11:00 am Ecumenical Prayer for Christian Unity (Cenacle)

SATURDAY, JANUARY 25

9:00 am Safety Meeting (A/B/K)
5:00 pm Mass (WS)
Denis Ventura †
6:30 pm Bingo Night 2 (A/B)

SACRAMENTAL EMERGENCY

While Fr. Anthony is away, if you are in need of a priest after hours, please call the parish office at (757) 468-3600 and dial extension 109. Please leave a message.

Your call will be returned within 24 hours

ANNOUNCEMENT

In observance of Martin Luther King Jr. and Civil Rights Day, the parish office is closed on Monday, January 20.

PARISH CLERGY AND STAFF

(757) 468-3600 | office@holyspiritvb.org

Pastor / Ext 103
Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org
Deacons / Ext 109
Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.org
Rev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org
Business Manager / Ext. 115
Lani Ulep mulep@holyspiritvb.org
Director of Liturgy & Music / Ext. 114
Erin Laurence elaurence@holyspiritvb.org
Coordinator for Faith Formation (K-5) / Ext 108
Jenny Scharf jscharf@holyspiritvb.org
Asst. Coordinator for Faith Formation / Ext. 113
Donna Consla dconsla@holyspiritvb.org
Parish Secretary / Ext 116
Joy Palm jpalm@holyspiritvb.org
Bookkeeper / Ext. 117
Anne Smithberger asmithberger@holyspiritvb.org
Facilities Maintenance Coordinator / Ext. 112
Wayde McNeal wmcneal@holyspiritvb.org
Facilities Maintenance Assistant Josh Gora
Pianist/Organist Richard Dettbarn
Website Coordinator Diana Ramos

PARISH COUNCIL

Charlie Chan	Tim Hatton
Amy Cheatham	Ken Hobbs
Judee Clamor	Linda Kuehn
Marivic Ellorin	George Onodu
Ian Fajardo	

MEET AND GREET PARISH COUNCIL

Come and meet me the Parish Council in the activity center following all Masses on the weekend of January 25th and 26th.

PRAYER REQUESTS

FOR THE SICK

Fr. Danny Cogut, John Button

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

President Jimmy Carter, Debbie Carew

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.

BULLETIN SPONSOR OF THE WEEK

**Thank you to our sponsor.
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SOCIETY OF ST. VINCENT DE PAUL

www.SVDP-HolySpirit.org
 SVDP Office number: (757) 468-1533
 svdp@holyspiritvb.org



Outreach Office Hours:
 Monday 6:00 pm to 8:00 pm
 Tuesday & Thursday: 10:00 am to 12:00 pm

FOOD PANTRY NEEDS

This week, we are most in need of:
 Boxes of assorted oatmeal packets
 Hearty soups
 Cans of tuna
 Brown grocery bags

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

Thank you for your generosity!

COMMEMORATIVE FLEECE JACKET



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 COMMEMORATIVE
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 \$35.00**

Order Forms available in the parish office.

BACK BY POPULAR DEMAND

BINGO



NIGHT 2

**SATURDAY
 JAN 25, 2025
 6:30 - 9 PM**

BINGO CARDS: \$2 OR 3 FOR \$5
 FOOD FOR SALE: BURGERS,
 HOT DOGS
 SNACKS AVAILABLE!

GOLDEN JUBILEE PHOTOS



Do you have photos from events at Holy Spirit from the past 50 years that you would love to share?

Holy Spirit is collecting photos to be used in our 50th Anniversary Commemorative Book that highlight events such as parishwide celebrations, trips, pilgrimages, outreach, and fundraisers.

Please scan the QR code to submit photos for use in our 50th Anniversary Commemorative Book.

For questions, please email hs50@holyspiritvb.org



MUSEUM OF THE BIBLE PILGRIMAGE



museum of the Bible
 400 4th Street SW
 Washington, DC 20024

JOIN US!
 Tuesday, Feb. 25, 2025

Bus Departs: 6:00 a.m.
 Bus Arrival: 9:00 p.m.*
 (Estimate based on traffic)

Cost per person: \$65.00
 (Includes museum entrance fee and bus ticket)



UPCOMING PARISH EVENTS

Holy Spirit at 50 ... Moved by the Spirit!

- February 10 - 12, 2025 - Parish Mission (date changed)
- February 16 - June 3 (weekly) - Wild Goose Series
- February 25, 2025 - Bible Museum (\$) (date changed)
- March 22 - 23 - Ministry Fair
- June 7, 2025 - Pentecost Vigil and Potluck
- June 22, 2025 - Golden Jubilee Mass
- June 22, 2025 - Choir Concert and Reception
- September 6, 2025 - Fruits of the Spirit Picnic
- September 15, 2025 - Jubilee Golf Tournament (\$)
- October 17, 2025 - Golden Jubilee Gala (\$)



www.holyspiritvb.org

PARISH SUPPORT

OCTOBER 2024

Offering	61,350.61
Online Giving	14,113.00
Total Offering	75,463.61
Monthly Budget	81,399.75
	(5,936.14)
Special Intentions	5,828.52
World Mission	2,936.14

NOVEMBER 2024

Offering	61,137.02
Online Giving	12,373.00
Total Offering	73,510.02
Monthly Budget	81,399.75
	(7,889.73)
Special Intentions	8,266.85
Home Missions Collection	2,076.00

DECEMBER 2024

Offering	97,067.57
Online Giving	14,174.00
Total Offering	111,241.57
Monthly Budget	81,399.75
	29,841.82
Special Intentions	12,188.00
Retired Religious	3,479.62
Catholic Charities	3,723.13
Simbang Gabi Reception	1,224.00

SUPPORT HOLY SPIRIT THROUGH ONLINE DONATION

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ.

Thank you for your faithfulness and support!



WELCOME OUR NEW STAFF MEMBER



We are pleased to welcome Mrs. Jennifer Scharf as our new Coordinator of Faith Formation for grades K-5. Jenny has many years of experience as a catechist, and preschool and elementary school teacher. Jenny will be available to meet families at First Sacraments meetings and Faith Formation classes. You can say hello to her in the parish office 757-468-3600 Ext. 108 or by email at

jscharf@holyspiritvb.org.

2024—2025 FAITH FORMATION RELIGIOUS EDUCATION CLASS

Grades K—5

Meets on Sundays: 1:30 pm – 2:45 pm

Grades 6-8: (Middle School EDGE)

Meets on Mondays: 6:30 pm - 8:00 pm

Grades 9-12: (Life Teen)

Meets on Sundays: 6:00 pm - 8:00 pm

For more information, contact Jenny Scharf (Grades K-5) at extension 108 or Donna Consla (Grades 6-12) at extension 113 in the parish office.

CHILDRENS LITURGY OF THE WORD (CLOW)

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consla in the parish office at ext. 113 or by email at dconsla@holyspiritvb.org

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires **ALL** volunteers complete a yearly background check and VIRTUS training every five years.



SUNSHINE CLUB

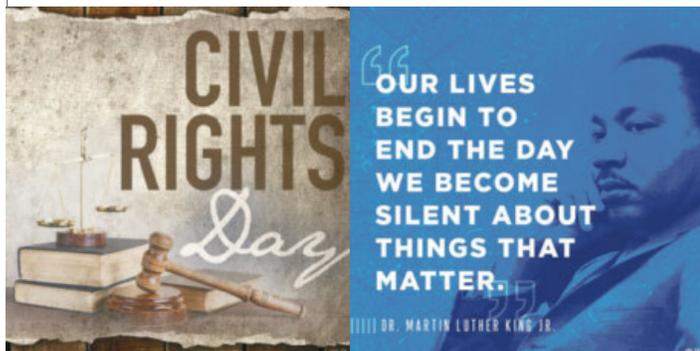


The Sunshine Club Valentines Day Meeting will be on Wednesday, 12 February at 12 Noon in Activity Room A in the parish. **Cost is \$5.00** for Sunshine Club members and their guests. This month's entertainment is "Fond Memories" musical group including "Frank sings Frank". The luncheon will be cooked and served by the men and is **NOT** a potluck. Bring only a hearty appetite.

The deadline for signing up is Sunday, February 2, 2025.

Sign-up forms are available in the Sunshine Club mailbox located in the Office Reception Area. Come early to reserve your favorite seat.

For questions, call Jim Pokrywka (757) 340-8138.



CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

HOLY DAYS

Question:

Why do some dioceses move holy days, or not even celebrate them at all. Doesn't everyone do the same thing?

The short answer is no, not everyone does the same thing. Although the church is universal, there are many local customs and saints that each country, sometimes just a region, will honor. For example, feast days and patronal days may not be major feast days on the church's universal calendar, but are celebrated as such in one place. Holy days of obligation are the same way. The US Conference of Catholic Bishops has a certain amount of discretion in choosing days which best reflect the local church's experience and history.

Another reason certain feasts are moved is a practical one. With limited clergy, or a great difficulty for people to get to Mass, the feast day may be transferred to a Sunday. The rationale is that if a significant feast should be part of the church's celebration, then better to do so on a Sunday when people and clergy are available, rather than try to fit it on a day when one or both cannot be there.

Christmas and Immaculate Conception are always observed as days of obligation. In the USA we celebrate six holy days of obligation. There are also other special days and they are ranked, in order of importance as solemnity, feast, memorial and optional memorial.

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

FIRST READING:

Isaiah spoke of God's delight in Jerusalem and desire to see Israel as His spouse. What married couples do you know who genuinely take delight in each other?

SECOND READING:

Paul taught the Corinthians that the gifts of the Holy Spirit to individuals are meant to benefit and unify the community. What gifts do you have that you think benefit other?

GOSPEL:

After all the wine was consumed, Jesus turned water into wine for the bride and groom at the wedding. When have you received an unexpected gift from someone?

SAVE THE DATE

Parish Mission 2025
"Renewed by the Fire"

February 10th-12th, 2025

6:30-8:00 pm



CATHOLIC TRIVIA

Question: *Who was the only apostle, excluding Judas, who was not martyred?*

Answer: Saint John.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

A friend invited me to an invitation-only wine-tasting event. There were over two hundred varieties of wine. Having no idea how to approach such a massive selection, I wandered aimlessly among the tables, sipping this and that. At the end of the evening my friend asked if I had tried some of the exceptionally expensive wines. I hadn't. "The really good stuff disappears first," he said. "My man, you missed out on some amazing vino." I was so disappointed. I wasted my chance for amazing once-in-a-lifetime wine. The wine I tasted was, well, blah.

Don't we often feel a similar disappointment in life? I missed this or that opportunity. If only I had known. Optimism sputters and fades. The glory days are gone. The chances, it seems, for the really great things in life come and go so quickly. Then they are gone forever. The good stuff goes first. Then life is just blah.

Not so with the Lord Jesus. In Jesus' miracle at the wedding at Cana, the steward of the feast says, "**Everyone serves good wine first, and then...an inferior one**" (John 2:10). That's the natural downward progression of life. The good stuff disappears quickly. But he says of the groom (who symbolizes Jesus), "**But you have kept the good wine until now.**" This is the ever-improving trajectory of the realm of God's grace. With Jesus, the "good wine" of divine love, hope and peace gets better as our journey of faith progresses. Where are your greatest disappointments? Don't give in to the lie that the really good stuff is gone. Tell Jesus you've run out. Then learn how to taste that amazingly good wine, because he saves the best until now.

— Father John Muir

LIVE THE LITURGY INSPIRATION FOR THE WEEK

We are all the servants at Cana. Each of us, at various times, finds ourselves confused and unsure, empty where we should be full, unprepared where we should be ready. When we falter, Mary's words give us direction: "Do whatever he tells you."

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought to you.

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

READINGS FOR THE WEEK

Sunday: Is 62:1-5/Ps 96/1 Cor 12:4-11/Jn 2:1-11

Monday: Heb 5:1-10/Ps 110/Mk 2:18-22

Tuesday: Heb 6:10-20/Ps 111/Mk 2:23-28

Wednesday: Heb 7:1-3, 15-17/Ps 110/Mk 3:1-6

Thursday: Heb 7:25—8:6/Ps 40/Mk 3:7-12

Friday: Heb 8:6-13/Ps 85/Mk 3:13-19

Saturday: Acts 22:3-16 or Acts 9:1-22/Ps 117/Mk 16:15-18

Next Sunday: Neh 8:2-4a, 5-6, 8-10/Ps 19 (see Jn 6:63c)/
1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

VOCATION MINISTRY

“DO WHATEVER HE TELLS YOU”

At the Wedding at Cana, Jesus performs His first miracle, blessing the union of a married couple.

Marriage is a sacred covenant, and like the servants at the wedding, we are called to listen to Christ’s guidance in our marriages. Take time to pray together and invite Christ into your marriage, trusting in His power to strengthen your bond. Talk to your priest or reach out to the Vocation Office (804) 359-5661 or via email: vocations@richmonddiocese.org.

PRAY FOR OUR SEMINARIANS

Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Ancil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

LETTERS OF SUPPORT FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

Thank you for supporting our seminarians.

BLESSED PALMS

Please bring your blessed palms before Ash Wednesday and place them in basket located in the commons.

ASSISTANCE DURING COMMUNION

Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the Extraordinary Minister of Holy Communion (EMHC) to your seat with the Host and that you do not miss the opportunity to receive the Lord.

JCOC COMMUNITY DINNER

JCOC COMMUNITY DINNER



JANUARY 27, 2025

Drop off your food donation at Holy Spirit by 10:00 am Mass on Sunday, January 26

Pick up a tag from the board in the commons or sign up to bring food at:

<https://tinyurl.com/JCOC2025January27>



PRAYER FOR THE MIRACULOUS

Oh God beyond my understanding, Bring Your soul-stirring power into my life today. In the places where people are saying, “It can’t be done” or “There’s no solution,” act in such a way that responds: “There is a way, and there is a God, and He loves me.” Amen.

POPE FRANCIS GENERAL PRAYER INTENTION FOR JANUARY

FOR THE RIGHT TO AN EDUCATION

Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected .

HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$25 each is still available at the parish office.

Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman. Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

CYBERCRIME ALERT

If you receive a phone call, text or email from Father Anthony requesting money or gift cards, rest assured that it is a SCAM. **Please do not engage, reply, or click on any links.**

YOUNG MAN/WOMAN OF THE YEAR

Annually, the Virginia State Council of the Knights of Columbus holds a contest at the council and state levels to select a young man and young woman of the Year. The purpose of the contest is to recognize the excellence of the young men and women of our communities and to promote the recognition of their contribution within their community and the Jurisdiction of Virginia.

Any young man or woman who is currently in High School grades 9 through 12 and residing within the general community jurisdiction of the nominating Council will be considered for the award. Nominating forms can be found on-line at <https://www.kofc4632.org/council-info/council-forms> under the “Young Man/Woman of the Year Forms” header. Nomination forms must be submitted to the Grand Knight of Fr Nicholas J Habets Council 4632 at gk4632@vakofc.org no later than February 28, 2025.



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