



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | Fax: (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: Holy Spirit VB

PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | Friday: 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

JANUARY 5, 2025



THE EPIPHANY OF THE LORD

They were overjoyed at seeing the star.
- Mt 2:10

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI



WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday and Thursday: 6:15 pm
Wednesday and Friday: 8:00 am
**Livestream Mass*

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (with Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Tuesday and Thursday 4:00 pm through 5:30 pm

ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend two (2) Baptismal Preparation Classes in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact Donna Consla for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact Donna Consla if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANOINTING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddioocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.

THIS WEEK AT HOLY SPIRIT

(Subject to change, please check our website or call the Parish office)

PLEASE SILENCE ALL CELL PHONES AND ELECTRONIC DEVICES DURING MASS.

**Public/Livestream*

SUNDAY, JANUARY 5 THE EPIPHANY OF THE LORD

8:00 am Mass
Gary Thomas Baldwin †

10:00 am * Mass
Parishioners of Holy Spirit

12:00 pm Mass
Dr. & Dr. Tim & Amelia Leyeza †

1:30 pm Grades K-5 Formation

6:00 pm Life Teen

MONDAY, JANUARY 6

11:00 am Widows & Widowers Movie Time (A)

6:00 pm SVDP Outreach Ministry Office Hours

6:30 pm Middle School EDGE (A)

TUESDAY, JANUARY 7

10:00 am SVDP Outreach Ministry Office Hours

4:00 pm Reconciliation (CH)

6:15 pm Mass/Rosary (WS) **All Souls in Purgatory †**

7:00 pm Adult Bible Study (B)

7:00 pm Confirmation Session 6 (A)

WEDNESDAY, JANUARY 8

8:00 am Mass/Rosary/Novena (WS) **All Souls in Purgatory †**

12:00 pm Sunshine Club Meeting (A/K)

7:00 pm Lectors—photo shoot (WS)

7:00 pm SVDP Meeting (L)

THURSDAY, JANUARY 9

10:00 am SVDP Outreach Office Ministry Office Hours

12:00 pm Adoration of the Blessed Sacrament (WS)

4:00 pm Reconciliation (CH)

6:00 pm Benediction (WS)

6:15 pm Mass/Rosary (WS) **All Souls in Purgatory †**

7:00 pm Men's Club (B/K)

FRIDAY, JANUARY 10

7:15 am Rosary/Divine Mercy Chaplet (WS)

8:00 am Mass (WS) **All Souls in Purgatory †**

9:30 am Bible Study

JANUARY 11

10:00 am Safety Meeting (A/B/K)

5:00 pm Mass (WS)
Denis Ventura †

ADORATION OF THE BLESSED SACRAMENT

Beginning in 2025, Adoration of the Blessed Sacrament will be celebrated on the first Thursday of the month from 12:00 pm to 6:00 pm. For the month of January only, it will be celebrated on the second Thursday, 9 January.

SACRAMENTAL EMERGENCY

While Fr. Anthony is away, if you are in need of a priest after hours, please call the parish office at (757) 468-3600 and dial extension 109. Please leave a message.

Your call will be returned within 24 hours

PARISH CLERGY AND STAFF

(757) 468-3600 | office@holyspiritvb.org

Pastor / Ext 103

Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org

Deacons / Ext 109

Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.org

Rev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org

Business Manager / Ext. 115

Lani Ulep mulep@holyspiritvb.org

Director of Liturgy & Music / Ext. 114

Erin Laurence elaurence@holyspiritvb.org

Asst. Coordinator for Faith Formation / Ext. 113

Donna Consla dconsla@holyspiritvb.org

Parish Secretary / Ext 116

Joy Palm jpalm@holyspiritvb.org

Bookkeeper / Ext. 117

Anne Smithberger asmithberger@holyspiritvb.org

Facilities Maintenance Coordinator / Ext. 112

Wayde McNeal..... wmcneal@holyspiritvb.org

Facilities Maintenance Assistant Josh Gora

Pianist/Organist Richard Dettbarn

Website Coordinator Diana Ramos

PARISH COUNCIL

Charlie Chan

Tim Hatton

Amy Cheatham

Ken Hobbs

Judee Clamor

Linda Kuehn

Marivic Ellorin

George Onodu

Ian Fajardo

PRAYER REQUESTS

FOR THE SICK

Fr. Danny Cogut, Mandy Pavone

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

Dr. Gaspar Montes, Maria Nguyen

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.



BULLETIN SPONSOR OF THE WEEK

Thank you to our sponsor.

MDAlert.com

SOCIETY OF ST. VINCENT DE PAUL

www.SVDP-HolySpirit.org

SVDP Office number: (757) 468-1533

svdp@holyspiritvb.org



Outreach Office Hours:

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

FOOD PANTRY NEEDS

This week, we are most in need of:

Cans of ravioli or SpaghettiOs

Ramen noodles

Boxes of breakfast cereal

Brown grocery bags

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

GOLDEN JUBILEE PHOTOS



Do you have photos from events at Holy Spirit from the past 50 years that you would love to share?

Holy Spirit is collecting photos to be used in our 50th Anniversary Commemorative Book that highlight events such as parishwide celebrations, trips, pilgrimages, outreach, and fundraisers.

Please scan the QR code to submit photos for use in our 50th Anniversary Commemorative Book.

For questions, please email hs50@holyspiritvb.org



Thank you for your generosity!

SAVE THE DATE BIBLE MUSEUM TRIP



museum of the Bible
400 4th Street SW
Washington, DC 20024

JOIN US!
Tuesday, Feb. 25, 2025

Bus Departs: 6:00 a.m.
Bus Arrival: 9:00 p.m.*
(Estimate based on traffic)

Cost per person: \$65.00
(Includes museum entrance fee and bus ticket)



TOP GOLF



Join us for a family fun event!

January 20, 2025
10 am—12 pm
\$20 per person

Tickets on sale after all Masses.

UPCOMING PARISH EVENTS

Holy Spirit at 50.... Moved by the Spirit!

- January 20, 2025 — Top Golf (\$)
- February 10-12, 2025 — Parish Mission (DATE CHANGE)
- February 16 - June 3, 2025 (weekly) — Wild Goose Series
- February 25, 2025 — Bible Museum (DATE CHANGE) (\$)
- March 22-23, 2025 — Ministry Fair
- June 7, 2025 — Pentecost Vigil and Potluck
- June 22, 2025 — Golden Jubilee Mass
- June 22, 2025 — Choir Concert and Reception
- September 6, 2025 — Fruits of the Spirit
- September 15, 2025 — Jubilee Golf Tournament (\$)
- October 17, 2025 — Golden Jubilee Gala (\$)



SUPPORT HOLY SPIRIT THROUGH ONLINE DONATION

Simply scan the QR code to donate securely online. Your contribution, no matter the size, helps us continue our work and reach more people with the love of Christ.



Thank you for your faithfulness and support!

WORLDWIDE MARRIAGE ENCOUNTER



Sign up now for the next Worldwide Marriage Encounter weekend and receive the gift of a great marriage. Making a weekend will help you put a little Christmas in your marriage every day!

For more information or to register, go to **WWME.org**, click "Apply" and search for your desired location. .

Feel free to contact Donald and Helen Dudley at 757-690-1369 or donald.helen.dudley@wwme.org with any questions.

Here is the next upcoming experience:

January 7 - February 18, virtual (Tuesday evenings)

January 21 - February 2 Myrtle Beach, SC

March 7 - 9 Rehoboth Beach, DE

March 14 -16 Jessup, MD and Ocean City, NJ

March 21-23 Emerald Isle, NC

KNIGHTS OF COLUMBUS



The Knights of Columbus is an international Order of Catholic men who are called to lead with faith, protect our families, serve others and defend values in a busy changing world. Our local council Father Nicholas J. Habets Council

#4632 will be holding a membership drive at Holy Spirit Catholic Church on the weekend of January 18th and 19th . Whether you become an individual member or a member of our council you will find that Knights of Columbus membership brings Catholic men together in a powerful way.

If you would like to join today, simply go to **KofC.org/join** and enter **council #4632**.

PARISH REGISTRATION

Why should you "officially" register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at www.holyspiritvb.org or pick up a registration form at the information desk in the commons. Call the parish office if you have any questions.

2024—2025 FAITH FORMATION RELIGIOUS EDUCATION CLASS

All Faith Formation Classes (Grades K-5), Middle School EDGE and High School Life Teen classes will resumes January 5 and 6, 2025.

Contact **Donna Consla** or **Kim Blanco** in the parish office for questions.

CHILDRENS LITURGY OF THE WORD (CLOW)

Children's Liturgy of the Word is cancelled on December 22 and 29, 2024. CLOW will resume on Sunday, January 5, 2025

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires **ALL** volunteers complete a yearly background check and VIRTUS training every five years.

BORROWED PYX

Please return borrowed pyx to the Parish Office.

YOUNG ADULT RETREAT

Jesus is My Hope
A Retreat for Young Adults
January 18 & 19, 2025
Saint Clare of Assisi Retreat Center
Suggested Donation: \$50

Topics Include
Hope in the Eucharist
Hope in Prayer
Hope in Difficulties
Hope in Confession

Join Other Young Adults (18-39)
Celebration of Mass
Sacrament of Reconciliation
Time with Jesus in Adoration
Fellowship & Dynamic Discussions

I plead with you!
Never, ever give up on hope, never doubt, never tire, and never become discouraged.
Be not afraid.
- St. John Paul II -

To sign up for the Young Adult Retreat, go to:

<https://saintclaretretreatcenter.flocknote.com/signup/186692>

SUNSHINE CLUB



Our 1st meeting for 2025 is a potluck at 12 noon on Wednesday, January 8, in Activity B in the Parish.

Bring your checkbook as we will be accepting payment for our February Valentines Day luncheon, where the men cook for the women. Cost for the Valentines Day luncheon is \$5.00 for Sunshine Club Members and Guests. The February meeting will be on Wednesday, February 14, 2025.

The deadline for signing up for the February luncheon is Sunday, February 7, 2025.

For questions, call Jim Pokrywka (757) 340-8138.

**ENCOUNTER
GOD'S LOVE**

CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

EPIPHANY

©LPI

Question:

Besides the Wise Men, what is significant about the Epiphany?

Epiphany means “manifestation,” or public display. The feast is usually celebrated January 6. In the US, it is celebrated on the Sunday nearest to January 6. It originates from a story unique to Matthew (2:1-12). Magi from the East come to offer homage to the newborn King, presenting him with gifts of gold, frankincense, and myrrh.

This part of Matthew’s infancy narrative differs from Luke’s account of the birth of Jesus. In Luke there are no Magi, star, nor gifts. Luke has Jesus being born in a stable after Mary and Joseph’s long travel from Nazareth to Bethlehem. Matthew seems to have the family living in a house in Bethlehem, where the Magi find them.

Why these differences? They stem from the needs and concerns of the audience the authors were addressing, as well as the theological stance of each author. Knowing the original intention helps get at the correct interpretation of the text.

Since Matthew was writing primarily to a Jewish community, his concern was to show that Jesus did not come just for Jews, but for Gentiles as well. From his very birth, Jesus not only manifests himself to Jews, but also to Gentiles, who are prominently included in the manifestation, symbolized by the Magi and their journey. This is the most significant aspect of the feast of Epiphany. How do you manifest Jesus to all with whom you come into contact?

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

©LPI

FIRST READING:

The visit of the magi teaches us about God’s desire for the whole world know about his Son, Jesus. When do you first recall hearing about Jesus?

SECOND READING:

Isaiah foresees a time when the people of Jerusalem will be overwhelmed with happiness and prosperity. What gift could you receive that would bring you great joy?

GOSPEL:

Paul informs the Ephesians that he received a revelation of God’s plan to save all people through Christ Jesus. What do you think makes your friends or relatives open to this idea?

CATHOLIC TRIVIA

©LPI

Question: *What is Christ often depicted pointing to when portrayed in Christian artwork?*

Answer: The Sacred Heart of Jesus.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

©LPI

Have you ever wondered why the magi had gold, frankincense, and myrrh? Matthew’s Gospel tells us, “Then they opened their treasures and offered him gifts of gold, frankincense, and myrrh” (Matt. 2:11). Why are these things their “treasures”? One possible answer is they were magicians and astrologers, and these three items were the tools of their questionable trade. In offering them to Christ, they demonstrate that they will cease using such items to predict or control life. They place this baby-king, the God of Israel, at the center of their lives, and not their own devices of control, manipulation and prediction.

Isn’t that what we need to do, too? Consider, for example, the magical power of money, symbolized by the magi’s gold. Seemingly whatever we ask of money, it does. It wields a god-like power over the world. It can predict the future by guaranteeing better outcomes for us — which is why it is such a tempting alternative to trusting in God. The problem is such absolute trust in money enslaves us to the economic forces that make money so powerful. In paying homage to Jesus with “gold” (i.e., tithing), we participate in his authority over (and therefore freedom from) the magical sway of money.

What things in your life do you use to predict or control your future? What in your life seems to give you power over the world? Those are your treasures. Are you tired of feeling enslaved to them? Find a way to open them and give them to Christ, and you will be freer.

— Father John Muir

LIVE THE LITURGY INSPIRATION FOR THE WEEK

©LPI

The news of the Messiah unsettled Herod. We see his anxiety clearly in today’s Gospel. This is what Christ has come to do, after all. He has come to shake things up. Are we ready to be unsettled?

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

READINGS FOR THE WEEK

Sunday: Is 60:1-6/Ps 72/Eph 3:2-3a, 5-6/Mt 2:1-12

Monday: 1 Jn 3:22—4:6/Ps 2/Mt 4:12-17, 23-25

Tuesday: 1 Jn 4:7-10/Ps 72/Mk 6:34-44

Wednesday: 1 Jn 4:11-18/Ps 72/Mk 6:45-52

Thursday: 1 Jn 4:19—5:4/Ps 72/Lk 4:14-22a

Friday: 1 Jn 5:5-13/Ps 147/Lk 5:12-16

Saturday: 1 Jn 5:14-21/Ps 149/Jn 3:22-30

Next Sunday: Is 40:1-5, 9-11/Ps 104/Ti 2:11-14; 3:4-7/Lk 3:15-16, 21-22

VOCATION MINISTRY

“DID YOU NOT KNOW THAT I MUST BE IN MY FATHER’S HOUSE ”

The Holy Family of Jesus, Mary, and Joseph serves as a model of love, faith, and obedience. Just as Jesus was guided by His Father’s will, so too can we be guided in our marriages by God’s love. Reflect on how your family life mirrors the faith and devotion of the Holy Family. Strengthen your commitment to each other by nurturing a deeper relationship with God. Talk to your priest or reach out to the Vocation Office at (804) 359-5661 or via email: vocations@richmonddiocese.org.

PRAY FOR OUR SEMINARIANS

Rev. Mr. Christopher Weyer, Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

LETTERS OF SUPPORT FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, contact the parish office for their address.

Thank you for supporting our seminarians.



ASSISTANCE DURING COMMUNION

Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the Extraordinary Minister of Holy Communion (EMHC) to your seat with the Host and that you do not miss the opportunity to receive the Lord.

UNIVERSAL PRAYER (Prayer of the Faithful)

Please call the Parish office to add names of the sick and recently deceased to the Universal Prayer which will be read at weekend Masses.

Only family members may request names to be added for the universal prayer.

The Book of Intentions and Book of Remembrance are located in the Chapel for non-family members or for death anniversaries.

Please be assured that we pray for all the names on both books at all Masses.

PRAYER FOR REJOICING

Fill our hearts, Lord,
with rejoicing as we seek and discover You.
Your ways are full of wonder, glory, surprise, and joy.
Amen.

POPE FRANCIS GENERAL PRAYER INTENTION FOR JANUARY

FOR THE RIGHT TO AN EDUCATION

Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected .

HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$25 each is still available at the parish office.

Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman.
Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church



ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records.
Thank you.

CYBERCRIME ALERT

If you receive a phone call, text or email from Father Anthony requesting money or gift cards, rest assured that it is a SCAM. **Please do not engage, reply, or click on any links.**

THANK YOU

Clergy and staff would like to express our gratitude to all the volunteers who gave their time and talent at different ministry throughout the year.

Your generosity is greatly appreciated.

WE ♥ OUR VOLUNTEERS



COASTAL VIRGINIA WEALTH GROUP

FINANCIAL PLANNING

Financial, Retirement, College & Estate Planning

Patrick Tedesco, CFP *Certified Financial Planner* Karen E. McNabb, CFP *Financial Advisor*

757-216-1214 ext. 118

Place Your Ad Here and Support our Parish!

Instantly create and purchase an ad with

AD CREATOR STUDIO



4lpi.com/adcreator

DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

Engaging, ad-supported print and digital newsletters to reach your community.



Scan to contact us!

Visit lpicommunities.com

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at careers@4lpi.com or www.4lpi.com/careers

NEVER MISS OUR BULLETIN!

SUBSCRIBE

Have our bulletin emailed to you every week.



Visit www.parishesonline.com

catholicmatch[®] Virginia



CatholicMatch.com/VA

LET'S GROW YOUR BUSINESS

Place Your Ad Here and Support Our Parish!

CONTACT ME
Wendy Bond

wbond@4LPi.com
(800) 477-4574 x6420

— WE APPRECIATE OUR ADVERTISERS!



**Honoring traditions,
strengthening faith.**

SMITH & WILLIAMS FUNERAL HOME/KEMPSVILLE CHAPEL
4889 Princess Anne Road, Virginia Beach
757-490-2727 • www.smithandwilliamskempsville.com

ROSEWOOD-KELLUM FUNERAL HOME AND MEMORIAL PARK
601 N. Witchduck Road, Virginia Beach
757-671-1717 • www.kellumfuneralhome.com

PRINCESS ANNE MEMORIAL PARK
1110 N. Great Neck Road, Virginia Beach
757-481-1097 • www.princessannememorialpark.com

Dignity Memorial® Providers of Hampton Roads

State Farm™
Lydia Lacompte
Account Manager
Lynch Insurance Agency, Inc.
757 430 9000
3617 Dam Neck Rd
Virginia Beach, VA 23453
Lydia@LynchInsurance.net
www.LynchInsurance.net

The greatest compliment you can give is a referral.

Beach Tree & Stump
LICENSED & INSURED
FREE ESTIMATES
757.646.3085

CHS
CATHOLIC HIGH SCHOOL
(757) 467-2881
CHSVB.ORG

Ryan Buckingham, Active Duty Military
Real Estate Agent 0225272393
(757) 607-4088
Ryan@Covahomegroup.com
Covahomegroup.com



lpt realty
REAL ESTATE REIMAGINED

Nuñez FINE JEWELERS
For All Your Jewelry Needs

Home to Beach Engraving
Visit us for Jewelry & Personalized Gifts

We do
Repairs, Engraving, Appraisals,
We buy gold & much more

757-425-8723

H.D. OLIVER
FUNERAL APARTMENTS

Serving the Catholic Community of Hampton Rds. Since 1865

NORFOLK CHAPEL:
1501 Colonial Ave., Norfolk
622-7353

LASKIN ROAD CHAPEL:
2002 Laskin Rd., Virginia Beach
428-7880

CHESAPEAKE CHAPEL:
1416 Cedar Rd., Chesapeake
548-2200

SUPPORT OUR PARISH

SUPPORT OUR ADVERTISERS!

Levinsky Electric
24-Hour Service
Mike Levinsky, Licensed Electrician
757-714-7522 c 10% OFF SERVICE FOR PARISHIONERS
757-486-7349 o



MARIAN MANOR
ASSISTED LIVING
757-456-5018
marian-manor.com
5345 Marian Lane
Virginia Beach, VA 23462

Our Lady of Perpetual Help
757-495-4211
ourladyperpetualhelp.com
4560 Princess Anne Rd.
Virginia Beach, VA 23462
Memory Care
Extensive Assisted Living • Nursing Care

IF YOU LIVE ALONE You Need

MDMedAlert!™
As Low As **\$19⁹⁵** /mo.
✓ Ambulance ✓ Police ✓ Family
✓ GPS & Fall Alert
CALL NOW! 800.808.9294
md-medalert.com

Committed to Excellence
ALTMAYER
FUNERAL HOMES
5033 Rouse Drive, VA Beach 422-4000
1801 Baltic Ave. • VA Beach 428-1112
929 S. Battlefield Blvd. • Chesapeake 482-3311

Catholic Family Owned & Operated
Chesapeake - Norfolk - Portsmouth - VA Beach
www.altmeyerfh.com

James E. Altmeyer, Sr. & Jr.
Owners & Directors