



# HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453  
Office: (757) 468-3600 | Fax: (757) 468-3342  
Sacramental Emergency (after hours): (757) 904-3069  
www.holyspiritvb.org | office@holyspiritvb.org  
Facebook / Instagram / YouTube: Holy Spirit VB

## PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | Friday: 9:00 am - 12 pm

## OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

**OCTOBER 6, 2024**



## 27<sup>TH</sup> SUNDAY IN ORDINARY TIME

He said to them in reply, "What did Moses command you?"  
They replied, "Moses permitted a husband to write a bill of divorce and dismiss her." But Jesus told them, "Because of the hardness of your hearts he wrote you this commandment. But from the beginning of creation, God made them male and female." - Mk 10:3-6

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

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**Pray with Us**  
**Month of the Rosary**

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## WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm  
Sundays: 8:00 am, \*10:00 am & 12:00 pm

## WEEKDAY MASS SCHEDULE

Tuesday & Thursday: 6:15 pm  
Wednesday & Friday: 8:00 am  
*\*Livestream Mass*

## HOLY ROSARY

Tuesday—Thursday: after Weekday Masses  
Friday: 7:15 am (and Divine Mercy Chaplet)

## SACRAMENT OF RECONCILIATION

Tuesdays & Thursdays: 4:00 pm—5:30 pm or by appointment

## ADORATION OF THE BLESSED SACRAMENT

Thursdays: 12:00 pm to 6:00 pm

## SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend two (2) Baptismal Preparation Classes in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

## SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact Donna Consla for more information.

## SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact Donna Consla if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

## SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

## ANOINTING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

## SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddioocese.org, if you are discerning a call to the priesthood or consecrated life.

## THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.

**THIS WEEK AT HOLY SPIRIT**

*(Subject to change, please check our website or call the Parish office)*

**PLEASE SILENCE ALL CELL PHONES AND ELECTRONIC DEVICES DURING MASS.**

*\*Public/Livestream*

**SUNDAY, OCTOBER 6**

8:00 am Mass  
*Patricia Farrell †*  
 10:00 am \* Mass  
*Heather Mayor*  
 11:30 am – 1 pm OCIA (L)  
 12:00 pm Mass  
*Parishioners of Holy Spirit*  
 1:30 - 1:45 pm Blessing of the Animals (Plaza)  
 1:30 - 2:45 pm K-5 Faith Formation Class  
 6:00 - 8:00 pm Life Teen

**MONDAY, OCTOBER 7 MEMORIAL OF OUR LADY OF THE ROSARY**

1:00 pm Small Communities (Cen)  
 6:00 pm SVDP Outreach Ministry  
 6:30 pm Middle School EDGE (A)

**TUESDAY, OCTOBER 8**

10:00 am SVDP Outreach Ministry  
 1:00 pm Women’s Choir Sectionals (L)  
 7:00 pm Adult Bible Study (B)  
 7:00 pm Baptism Prep (CH)  
 7:00 pm Confirmation Parent/Teen Session (A)  
 7:00 pm Haiti Ministry Meeting (L)

**WEDNESDAY, OCTOBER 9**

12:00 pm Sunshine Club Board Meeting (L)  
 7:00 pm SVDP Meeting (L)

**THURSDAY, OCTOBER 10**

10:00 am SVDP Outreach Ministry  
 10:00 am Men’s Choir Sectionals (L)  
 7:00 pm Choir Rehearsal (WS)

**FRIDAY, OCTOBER 11**

9:30 am Bible Study — Faith Sharing Community (L)

**SATURDAY, OCTOBER 12**

10:00 am Altar Server Training (WS)  
 5:00 pm Mass (WS)  
*Orlando Pabustan †*

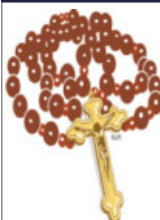
**CONVOCAION OF PRIESTS**



Father Anthony is attending the annual Convocation of Priests and will be away on October 7—11, 2024. There is **NO** daily Mass, Adoration of the Blessed Sacrament, and Sacrament of Reconciliation during his absence this week.

**Please pray for all priests attending the convocation.**

**MONTH OF THE HOLY ROSARY**



During October, the holy rosary will be recited before all weekend Masses. Rosary will still be recited after all daily Mass on Tuesday through Thursday and before daily Mass on Fridays. Novena and Divine Mercy Chaplet is also prayed on Wednesday and Friday. **All are welcome.**

**PARISH CLERGY AND STAFF**

(757) 468-3600 | [office@holyspiritvb.org](mailto:office@holyspiritvb.org)

**Pastor / Ext 103**  
 Rev. Anthony Mpungu | [FrAnthony@holyspiritvb.org](mailto:FrAnthony@holyspiritvb.org)  
**Deacons / Ext 109**  
 Rev. Mr. Robert Smithberger | [deaconbob@holyspiritvb.org](mailto:deaconbob@holyspiritvb.org)  
 Rev. Mr. Steve Kuczma | [deaconsteve@holyspiritvb.org](mailto:deaconsteve@holyspiritvb.org)  
**Business Manager / Ext. 115**  
 Lani Ulep ..... [mulep@holyspiritvb.org](mailto:mulep@holyspiritvb.org)  
**Director of Liturgy & Music / Ext. 114**  
 Erin Laurence ..... [elaurence@holyspiritvb.org](mailto:elaurence@holyspiritvb.org)  
**Asst. Coordinator for Faith Formation / Ext. 113**  
 Donna Consla ..... [dconsla@holyspiritvb.org](mailto:dconsla@holyspiritvb.org)  
**Parish Secretary / Ext 116**  
 Joy Palm ..... [jpalm@holyspiritvb.org](mailto:jpalm@holyspiritvb.org)  
**Bookkeeper / Ext. 117**  
 Anne Smithberger ..... [asmithberger@holyspiritvb.org](mailto:asmithberger@holyspiritvb.org)  
**Facilities Maintenance Coordinator / Ext. 112**  
 Wayne McNeal..... [wmcneal@holyspiritvb.org](mailto:wmcneal@holyspiritvb.org)  
**Facilities Maintenance Assistant** ..... Josh Gora  
**Pianist/Organist** ..... Richard Dettbarn  
**Website Coordinator** ..... Diana Ramos

**PARISH COUNCIL**

|                 |              |
|-----------------|--------------|
| Charlie Chan    | Tim Hatton   |
| Amy Cheatham    | Ken Hobbs    |
| Judee Clamor    | Linda Kuehn  |
| Marivic Ellorin | George Onodu |
| Ian Fajardo     |              |

**PRAYER REQUESTS**

**FOR THE SICK**

**Mely Natividad**

Pray for all the names listed in our book of intentions.

**† FOR THE DECEASED †**

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

**Luzviminda Cafuir, Denis Ventura, Bill Griffith**

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.



**BULLETIN SPONSOR OF THE WEEK**

**Thank you to our sponsor.  
 Beach Tree & Stump**

**SOCIETY OF ST. VINCENT DE PAUL**

www.SVDP-HolySpirit.org  
 Direct Line: (757) 468-1533  
 svdp@holyspiritvb.org



**Outreach Office Hours:**

Monday 6:00 pm to 8:00 pm  
 Tuesday & Thursday: 10:00 am to 12:00 pm

**FOOD PANTRY NEEDS**

This week, we are most in need of:

- Cans of tuna
- Peanut butter
- Jam/Jelly

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

**SVdP FRIENDS OF THE POOR WALK FOR THE POOR ©**



**Saturday, October 12 at 9 am at Holy Spirit**  
 Sponsor a walker or support this annual fundraiser by completing a patron form available in the commons. You can choose to honor someone by

donating **"in memory of"** or **"In celebration of"** an individual or group. Forms available in the commons.

Call SVDP at 757-468-1533 for more information.

**CHILDREN'S WINTER COAT DRIVE**



Our Young Vincentians are collecting Children's winter coats (sizes Pre-K - age 18) for families in need. The collection will continue up until the distribution day on November 9.

Please place donations at designated bins in the parish.

**JCOC COMMUNITY DINNER**



**JCOC COMMUNITY DINNER  
 PLEASE CAN YOU HELP?**

The JCOC Ministry will sponsor the Community Dinner on Monday, October 21, 2024

If you can please donate food items by taking a tag or signing up at the following site:

<https://tinyurl.com/JCOC2024October21>



Sign up using the QR Code:



**PLEASE  
 TAKE  
 SOME  
 TAGS**

Please return all items by

**Sunday, October 21 at 11:30 a.m.**

Thank you for your kind support of this wonderful ministry!

**OPEN JOB POSITIONS**

**COORDINATOR OF FAITH FORMATION, YOUTH AND EVANGELIZATION**

Holy Spirit Catholic Church is seeking a full time Coordinator of Faith Formation, Youth and Evangelization. This position oversees the catechetical ministries and evangelization of the parish under the supervision of the Pastor and in collaboration with pastoral staff and ministry volunteers. In implementing and maintaining an integrated "whole of life" formation program at the parish, this position involves direct coordination/implementation of catechetical formation for youth through 12th grade, and collaborative support and ministry in other areas of formation. The Coordinator of Faith Formation, Youth, and Evangelization will work in collaboration with the parish staff, and also works directly with parents, catechists, aides and other volunteers. The Coordinator of Faith Formation, Youth, and Evangelization reports directly to the pastor.

Interested candidates should submit a completed Diocese of Richmond employment application (<http://tinyurl.com/CDRJobApplication>) with a cover letter and resume to [mulep@holyspiritvb.org](mailto:mulep@holyspiritvb.org) and [franthonny@holyspiritvb.org](mailto:franthonny@holyspiritvb.org)

**ORDER OF CHRISTIAN INITIATION OF ADULTS**

OCIA is the process through which adults are able to join the Catholic Church. It is the path into the Catholic Church for non-baptized adults, as well as adults who are baptized in non-Catholic Christian traditions. Additionally, adults who were baptized Catholic but who did not complete the sacraments of Confirmation and/or Eucharist may attend OCIA as a means to celebrate those sacraments. We also welcome any Catholics who desire to learn more about their faith to attend. OCIA is a wonderful way to re-discover your Catholic roots.

For information about OCIA, contact Deacon Bob at 757-468-3600 X109 or by email at [deaconbob@holyspiritvb.org](mailto:deaconbob@holyspiritvb.org)

**OCTOBERFEST**



Knights of Columbus,  
 Fr. Habets Council 4632  
 1236 Prosperity Rd.,  
 Virginia Beach, VA 23451

**Saturday, October 19, 2024 - 6:00 pm to 10:00 pm**

All Profits go to fund the Hope 4 Life Mobile Crisis Resource Ctr.

**Tickets: \$20 per person in Advance / \$25 at the door**

Excellent German Food:

Green Leafy salad, Sauerkraut with Knowckwurst, Bratwurst, German Potato Salad and Desert

For Tickets, reserve a seat or a table call:

Paul 757-497-3024 or John 757-409-3788



# MASS OF Remembrance

Honoring babies and children lost through miscarriage, stillbirth, abortion, illness, or injury

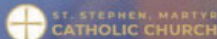
THU | OCT 10 | 6:30 PM

LOCATION:  
ST. STEPHEN, MARTYR CATHOLIC CHURCH  
1544 Battlefield Blvd S  
Chesapeake, VA 23322



Grief over the loss of a child is profound and long-lasting. This Mass allows our parish to grieve with and support our families who have lost a child.

Kindly scan the QR code and share your child's name so we can include their name in the Mass Intentions.



## EUCCHARISTIC PROCESSION

*On the Boardwalk*

October 27th

Star of the Sea Catholic Church  
1404 Pacific Avenue

Come join us for Holy Mass at noon followed by a Boardwalk Eucharistic Procession at 1:30pm. The procession will go to 24th Street and return to the church for Benediction.



## 2024—2025 FAITH FORMATION RELIGIOUS EDUCATION CLASS REGISTRATION NOW OPEN

### Grades K—5

Meets on Sundays: 1:30 pm – 2:45 pm  
[www.tinyurl.com/2024ReligiousED](http://www.tinyurl.com/2024ReligiousED)



### Grades 6-8: (Middle School EDGE)

Meets on Mondays: 6:30 pm - 8:00 pm  
[www.tinyurl.com/2024MSEdge](http://www.tinyurl.com/2024MSEdge)



### Grades 9-12: (Life Teen)

Meets on Sundays: 6:00 pm - 8:00 pm  
[www.tinyurl.com/2024LifeTeen](http://www.tinyurl.com/2024LifeTeen)



FEE: \$65 1 child | \$90 2 children | \$110 3+ Children

For more information, contact Donna Consla in the parish office at extension 113 or by email at [dconsla@holyspiritvb.org](mailto:dconsla@holyspiritvb.org)

## CHILDRENS LITURGY OF THE WORD (CLOW)

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consla in the Parish office at ext. 113 or by email at [dconsla@holyspiritvb.org](mailto:dconsla@holyspiritvb.org)

## VOLUNTEER REQUIREMENT

The Diocese of Richmond requires all volunteers complete a yearly background check and VIRTUS training every five years.

## SUNSHINE CLUB

Sunshine Club is open to all 50 years young & older. Monthly meetings are held here in the Parish the 2nd Wednesday, followed by a pot luck luncheon, a guest speaker or entertainment and a 50/50 drawing. For our Thanksgiving, Christmas and Easter meeting months, we either have our luncheon catered or go out to various local establishments. This month's meeting will be held at 12 noon on Wednesday, October 9.

During the next meeting, we have guest speakers talking about Holy Spirit's upcoming Golden Jubilee. If you have photos from past parish events and would like to share them to our Jubilee Commemorative book, bring them to be scanned. The pictures will be returned to you as soon as they are scanned.

Annual Dues are \$10.00. If you are not a current member and would like more information about the Sunshine Club call Jim Pokrywka, Sunshine Club President at 757 340-8138. See you there!!!

## CYBERCRIME ALERT

If you receive a phone call, text or email from Father Anthony requesting money or gift cards, rest assured that it is a SCAM. Please do not engage, reply, or click on any links.

## CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

### ANNULMENTS

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*I read in the catechism that marriage is indissoluble. Why then does the Church issue annulments?*

Sacramental marriage is indeed indissoluble. You can find this in several places in the Catechism of the Catholic Church. Indissolubility is foundational to the union of marriage (CCC 1646) and required by spousal love (CCC 1644). This quality of marriage draws its meaning from the fidelity of Jesus to his Bride, the Church (CCC 1647). Spouses give themselves forever to each other. Through the vows and their consummation, the spouses form a covenantal bond that binds them as one. Indissolubility presumes and depends on this sacramental bond between the spouses.

Sometimes, however, there are impediments to marriage that are overlooked, poorly understood, or unknown. It is possible that at the time of the vows, something was either present or absent that made the consent invalid. The ceremony itself does not bring about the sacrament. The priest is the official witness of the Church, but he is not the minister of the sacrament. The husband and wife are the ministers of the sacrament to each other. Without the full, free, and able consent of the man and the woman, no sacrament takes place. An annulment does not destroy the marriage bond. It is an acknowledgement that the sacramental bond did not form in the first place.

### CATHOLIC TRIVIA

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**Question:** *What was the first Native American language approved for translation for most parts of the Mass?*

**Answer:** Navajo.

### QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

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#### FIRST READING:

Today's reading from Genesis provides the foundation for our Christian understanding of marriage. Who in your life has a happy and successful marriage?

#### SECOND READING:

The author of Hebrews teaches us we are united with Jesus as one family in our suffering and death. Are there any family members who need your support and comfort this week?

#### GOSPEL:

The Pharisees learned that Jesus holds a higher standard on marriage than even Moses. Does Jesus's position on marriage surprise you?

### LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

## GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

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As a young pastor years ago, I met with a middle-aged couple who had been divorced and civilly remarried. They were frustrated that an annulment had to precede a Church marriage. Sympathizing with their plight, I promised to walk with them along their journey. Once as we sat in my office, the man said to me, "Why is the Church so difficult on marriage?" I replied, "Actually, Jesus' teaching is what's difficult." He furrowed his brow and asked what I meant.

We opened the Bible and together read today's gospel passage from Mark 10:12 in which Jesus says, "**Whoever divorces his wife and marries another, commits adultery with her...**" My two friends sat in silent astonishment. Surely Jesus understands the complexities of human life and sexual love. The words hung thick and heavy in the air. How could the merciful Lord be so seemingly unrealistic in his expectations, especially with so much divorce and remarriage in our world?

I didn't know what to say. So, we kept reading. Next, Jesus says, "**Let the children come to me.**" The innocence of children allows them to receive and give love, to trust unconditionally, to believe in love that endures. Most children aren't yet jaded by statistics, broken hearts, or dysfunctional relationships. Children remind us of the world to come. The couple and I began to talk about child-like trust in Jesus and his teaching, and we continued to move forward. When it comes to the Church's demanding teaching on marriage, it's best to approach it as trusting children, whatever situations in which we find ourselves.

— Father John Muir

### LIVE THE LITURGY INSPIRATION FOR THE WEEK

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To follow Jesus, we must cast off all illusions of importance and wisdom. We must embrace our own smallness, rejoice in our own weakness. In doing that, we become like true children, and discover the saving strength of our God.

### HOUBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

### BORROWED PYX

Please return borrowed pyx to the Parish Office.

### READINGS FOR THE WEEK

**Sunday:** Gn 2:18-24/Ps 128/Heb 2:9-11/Mk 10:2-16 or 10:2-12

**Monday:** Gal 1:6-12/Ps 111/Lk 10:25-37

**Tuesday:** Gal 1:13-24/Ps 139/Lk 10:38-42

**Wednesday:** Gal 2:1-2, 7-14/Ps 117/Lk 11:1-4

**Thursday:** Gal 3:1-5/Lk 1/Lk 11:5-13

**Friday:** Gal 3:7-14/Ps 111/Lk 11:15-26

**Saturday:** Gal 3:22-29/Ps 105/Lk 11:27-28

**Next Sunday:** Wis 7:7-11/Ps 90/Heb 4:12-13/Mk 10:17-30

## VOCATION MINISTRY

**“WE SEE JESUS CROWNED WITH GLORY AND HONOR.”**

Will you let the Holy Spirit lead you to be a reflection of His divine glory as a priest? Seek the opportunity to serve and lead others. Talk to your priest or reach out to the Office of Vocations at (804) 359-5661 or via email: vocations@richmonddiocese.org.

## PRAY FOR OUR SEMINARIANS

Rev. Mr. Christopher Weyer, Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Samuel McPeak, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

## LETTERS OF SUPPORT FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, drop them off in the parish office. We will gladly forward them for you.

**Thank you for supporting our seminarians.**



## ASSISTANCE DURING COMMUNION

Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the Extraordinary Minister of Holy Communion (EMHC) to your seat with the Host and that you do not miss the opportunity to receive the Lord.

## ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

## PARISH REGISTRATION

**Why should you “officially” register as a parishioner at Holy Spirit Catholic Church?**

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

**Registration forms are available online at [www.holyspiritvb.org](http://www.holyspiritvb.org) or pick up a registration form at the information desk in the commons. Call the Parish office if you have any questions.**

## PRAYER FOR MARRIAGE

God, pour Your blessings upon those You have called to marriage.

Strengthen the bonds of their unions.

May Your love be revealed in the ways they cherish and support each other, in good times and bad, for richer or poorer, in sickness and in health. Amen.

## POPE FRANCIS GENERAL PRAYER INTENTION FOR OCTOBER

### FOR A SHARED MISSION

We pray that the Church continue to sustain in all ways a Synodal lifestyle, as a sign of co-responsibility, promoting the participation, the communion and the mission shared among priests, religious and lay people .

## MARRIAGE ENCOUNTER WEEKEND



Why not give yourselves a weekend away from it all. Time away from the pressures of work and everyday responsibilities. A chance to talk and listen to that special someone who loves you. If that sounds good to you, sign up now for a

Worldwide Marriage Encounter Weekend.

For more information or to register, go to [WWME.org](http://WWME.org), click "Apply" and search for "Virginia" or your desired location.

Feel free to contact Mark and Cathy Stangler at 703-378-4150 or [mstang1987@aol.com](mailto:mstang1987@aol.com) with any questions.

**Here are a few upcoming experiences:**

October 11-13, 2024 - College Park, MD

November 15-17, 2024 - Virginia Beach, VA



## OFFICE RECEPTIONIST VOLUNTEER

We are looking for volunteers interested in helping the staff in the parish office. Volunteer hours are: Morning 9 am—12 pm and afternoon 12 pm—3 pm.

If interested, please contact Joy Palm in the parish office at 757-468-3600 extension 116.

## HEALING GRACE CD



**Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$25 each is still available at the parish office.**

Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman. Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church



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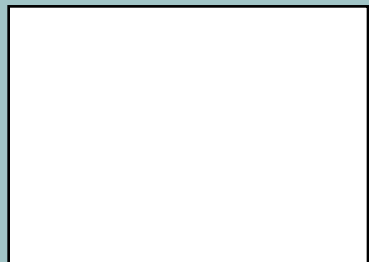
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