



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | Fax: (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: Holy Spirit VB

PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | Friday: 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

SEPTEMBER 29, 2024



**26th SUNDAY
IN ORDINARY TIME**

"There is no one who performs a mighty deed in my name who can at the same time speak ill of me." - Mk 9:39b

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday & Thursday: 6:15 pm
Wednesday & Friday: 8:00 am

**Livestream Mass*

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (and Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Tuesdays & Thursdays: 4:00 pm—5:30 pm or by appointment

ADORATION OF THE BLESSED SACRAMENT

Thursdays: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend two (2) Baptismal Preparation Classes in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact Donna Consla for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact Donna Consla if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANOINTING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddioocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.



Priesthood Sunday
Domingo del Sacerdocio

THIS WEEK AT HOLY SPIRIT

(Subject to change, please check our website or call the Parish office)

PLEASE SILENCE ALL CELL PHONES AND ELECTRONIC DEVICES DURING MASS.

**Public/Livestream*

SUNDAY, SEPTEMBER 29

8:00 am Mass
Marge Byrne †

10:00 am * Mass
Parishioners of Holy Spirit

11:30 am – 1 pm OCIA (L)

12:00 pm Mass
Mark Jones †

1:30 - 2:45 pm K-5 Faith Formation Class

6:00 - 8:00 pm Life Teen

MONDAY, SEPTEMBER 30 MEMORIAL OF JEROME, PRIEST AND DOCTOR OF THE CHURCH

1:00 pm Small Communities (Cen)

6:00 pm SVDP Outreach Ministry

6:30 pm Middle School EDGE

TUESDAY, OCTOBER 1

10:00 am SVDP Outreach Ministry

1:00 pm Women's Choir Sectionals (L)

4:00 pm Reconciliation (Chapel)

6:15 pm Mass/Rosary (WS) **Peter S. Arreza †**

WEDNESDAY, OCTOBER 2 MEMORIAL OF THE HOLY GUARDIAN ANGELS

8:00 am Mass/Rosary/Novena (WS) **All Souls in Purgatory †**

10:00 am Sunshine Club Board Meeting (L)

12:00 pm Canasta Card Players (A)

7:00 pm Liturgy Committee Meeting (L)

THURSDAY, OCTOBER 3

10:00 am SVDP Outreach Ministry

10:00 am Men's Choir Sectionals (L)

12:00 pm Adoration of the Blessed Sacrament (WS)

4:00 pm Reconciliation (Ch)

6:00 pm Benediction (WS)

6:15 pm Mass (WS) / Rosary (Ch) **Pilar & Ursula Mamaril †**

7:00 pm Women's Cursillo-4th Day (L)

7:00 pm Men's Club (Barn/B/K)

7:00 pm Choir Rehearsal (WS)

FRIDAY, OCTOBER 4 MEMORIAL OF SAINT FRANCIS OF ASSISI

7:15 am Rosary/Divine Mercy Chaplet (WS)

8:00 am Mass (WS) **All Souls in Purgatory †**

8:30 am Potluck Breakfast Social Gathering (B)

9:30 am Bible Study — Faith Sharing Community (L)

SATURDAY, OCTOBER 5

5:00 pm Mass (WS)
Deacon Arthur Thompson †

BLESSING OF THE ANIMALS



Bring your pets to meet our pastor and Fr. Anthony will bless them after the 12 noon Mass.

SUNDAY, OCTOBER 6
1:30 — 1:45 pm at the Plaza
Please keep pets on leash.

PARISH CLERGY AND STAFF

(757) 468-3600 | office@holyspiritvb.org

Pastor / Ext 103
Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org

Deacons / Ext 109
Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.org
Rev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org

Business Manager / Ext. 115
Lani Ulep mulep@holyspiritvb.org

Director of Liturgy & Music / Ext. 114
Erin Laurence elaurence@holyspiritvb.org

Asst. Coordinator for Faith Formation / Ext. 113
Donna Consla dconsla@holyspiritvb.org

Parish Secretary / Ext 116
Joy Palm jpalm@holyspiritvb.org

Bookkeeper / Ext. 117
Anne Smithberger asmithberger@holyspiritvb.org

Facilities Maintenance Coordinator / Ext. 112
Wayde McNeal..... wmcneal@holyspiritvb.org

Facilities Maintenance Assistant Josh Gora
Pianist/Organist Richard Dettbarn
Website Coordinator Diana Ramos

PARISH COUNCIL

Charlie Chan	Tim Hatton
Amy Cheatham	Ken Hobbs
Judee Clamor	Linda Kuehn
Marivic Ellorin	George Onodu
Ian Fajardo	

PRAYER REQUESTS

FOR THE SICK

Stuart Williams

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

Fe Lucero

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.



BULLETIN SPONSOR OF THE WEEK

Thank you to our sponsor.
Nunez Fine Jewelry

PARISH SUPPORT**AUGUST 2024**

Offering	55,811.85
Online Giving	13,632.00
Total Offering	69,443.85
Monthly Budget	81,399.75
	11,955.90
Special Intentions	8,278.91

CYBERCRIME ALERT

If you receive a phone call, text or email from Father Anthony requesting money or gift cards, rest assured that it is a SCAM. **Please do not engage, reply, or click on any links.**

SUNSHINE CLUB

Sunshine Club is open to all 50 years young & older. Monthly meetings are held here in the Parish the 2nd Wednesday, followed by a pot luck luncheon, a guest speaker or entertainment and a 50/50 drawing. For our Thanksgiving, Christmas and Easter meeting months, we either have our luncheon catered or go out to various local establishments. This month's meeting will be held at 12 noon on Wednesday, October 9.

During the next meeting, we have guest speakers talking about Holy Spirit's upcoming Golden Jubilee. If you have photos from past parish events and would like to share them to our Jubilee Commemorative book, bring them to be scanned. The pictures will be returned to you as soon as they are scanned.

Annual Dues are \$10.00. If you are not a current member and would like more information about the Sunshine Club call Jim Pokrywka, Sunshine Club President at 757 340-8138. See you there!!!

SVDP WALK FOR THE POOR ©

Saturday, October 12 at 9 am at Holy Spirit.
Forms available after Mass in the commons.

FOOD PANTRY NEEDS

This week, we are most in need of:

Ramen noodles – Chicken or Beef
Cans of peas, corn, carrots or green beans
Assorted pasta

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

SOCIETY OF ST. VINCENT DE PAUL

www.SVDP-HolySpirit.org
Direct Line: (757) 468-1533
svdp@holyspiritvb.org

Outreach Office Hours:

Monday 6:00 pm to 8:00 pm
Tuesday & Thursday: 10:00 am to 12:00 pm

**OPEN JOB POSITIONS****COORDINATOR OF FAITH FORMATION, YOUTH AND EVANGELIZATION**

Holy Spirit Catholic Church is seeking a full time Coordinator of Faith Formation, Youth and Evangelization. This position oversees the catechetical ministries and evangelization of the parish under the supervision of the Pastor and in collaboration with pastoral staff and ministry volunteers. In implementing and maintaining an integrated "whole of life" formation program at the parish, this position involves direct coordination/implementation of catechetical formation for youth through 12th grade, and collaborative support and ministry in other areas of formation. The Coordinator of Faith Formation, Youth, and Evangelization will work in collaboration with the parish staff, and also works directly with parents, catechists, aides and other volunteers. The Coordinator of Faith Formation, Youth, and Evangelization reports directly to the pastor.

Interested candidates should submit a completed Diocese of Richmond employment application (<http://tinyurl.com/CDRJobApplication>) with a cover letter and resume to mulep@holyspiritvb.org and franthy@holyspiritvb.org

ORDER OF CHRISTIAN INITIATION OF ADULTS

OCIA is the process through which adults are able to join the Catholic Church. It is the path into the Catholic Church for non-baptized adults, as well as adults who are baptized in non-Catholic Christian traditions. Additionally, adults who were baptized Catholic but who did not complete the sacraments of Confirmation and/or Eucharist may attend OCIA as a means to celebrate those sacraments. We also welcome any Catholics who desire to learn more about their faith to attend. OCIA is a wonderful way to re-discover your Catholic roots.

For information about OCIA, contact Deacon Bob at 757-468-3600 X109 or by email at deaconbob@holyspiritvb.org

OCTOBERFEST

Knights of Columbus,
Fr. Habets Council 4632
1236 Prosperity Rd.,
Virginia Beach, VA 23451

Saturday, October 19, 2024 - 6:00 pm to 10:00 pm

All Profits go to fund the Hope 4 Life Mobile Crisis Resource Ctr.

Tickets: \$20 per person in Advance / \$25 at the door

Excellent German Food:

Green Leafy salad, Sauerkraut with Knowckwurst, Bratwurst,
German Potato Salad and Desert

For Tickets, reserve a seat or a table call:

Paul 757-497-3024 or John 757-409-3788



EMMAUS JOURNEY RETREAT

This retreat is offered for grieving parents by a team which includes grieving parents, spiritual directors, priests, deacons, and parish leaders. The Emmaus Journey Retreat offers a safe place where you can seek peace, comfort, and hope. Join us on Saturday, October 19, in a warm and loving environment with other parents who know something of your pain. There are two locations to choose from:

**Our Lady of Mount Carmel, Newport News
Church of the Epiphany, Richmond**

Register at <https://ofe.regfox.com/emmaus-journey>
Registration closes October 16, 2024 at midnight

DUC IN ALTUM

Are you open to drawing closer to the Lord to discover His will for your life? **Young men ages 18+ (out of high school)** are invited to join the Office of Vocations for a weekend of prayer, fellowship and reflection.

November 8 - 10, 2024 at 7PM

Friday to Noon Sunday
Roslyn Retreat Center
8727 River Road, Richmond, VA
Register at
<https://richmondvocations.org/events/duc-in-altum/>

FIAT DAY

December 6-8, 2024

Roslyn Retreat Center, Richmond, VA
The cost for youth participants is \$175.

Register: <https://evangelizerichmond.org/events/flat-days-3/>
The last day to register is Monday, November 11 at 12noon.

Fiat Days will be a chance for **young women (9th-12th graders)** to meet women religious from various communities and learn more about what it means to live as a religious sister. Throughout the retreat, there will be time for personal reflection, small group sharing, and inspiring talks to challenge the young women to prepare to say "yes" to God's call both now and in the future.

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires all volunteers complete a yearly background check and VIRTUS training every five years.

VIRGINIA CATHOLIC DAY AT BUSCH GARDENS

Virginia Catholic Day
at Busch Gardens

OCTOBER 5, 2024

Register at: www.evangelizerichmond.org
Ticket Cost: **\$79 / person**—park admission and buffet
\$53 / person—park admission only
\$26 / person - buffet only

2024—2025 FAITH FORMATION RELIGIOUS EDUCATION CLASS REGISTRATION NOW OPEN

Grades K—5

Meets on Sundays: 1:30 pm – 2:45 pm
www.tinyurl.com/2024ReligiousED



Grades 6-8: (Middle School EDGE)

Meets on Mondays: 6:30 pm - 8:00 pm
www.tinyurl.com/2024MSEdge



Grades 9-12: (Life Teen)

Meets on Sundays: 6:00 pm - 8:00 pm
www.tinyurl.com/2024LifeTeen



FEE: \$65 1 child | \$90 2 children | \$110 3+ Children

For more information, contact Donna Consla in the parish office at extension 113 or by email at dconsla@holyspiritvb.org

CHILDRENS LITURGY OF THE WORD (CLOW)

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consla in the Parish office at ext. 113 or by email at dconsla@holyspiritvb.org



DISCERN AND DISCOVER

SINGLE CATHOLIC WOMEN 20-35



START WITH A PHONE CALL
Let's begin a discerning conversation.



DESIGN YOUR OWN CONVENT VISIT
Visit our Motherhouse or a Mission convent at **YOUR CONVENIENCE**. Witness Franciscan **LIFE LIVED**.

MEETING WHERE YOU ARE
We're glad to travel any reasonable distance from where we serve. We run on coffee and prayer

CALL OR TEXT

Sr. Julie Ann at 920-323-9632 to arrange what works best for you or visit FscC-Calledtobe.org

FRANCISCAN SISTERS
of Christian Charity

God Calls You.
We Invite You.
Dios te llama.
Te invitamos.



CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

ORDINARY TIME

©LPI

*Why do we have a liturgical season called ordinary time?
Can you explain?*

Ordinary time is the longest season of the liturgical year. It begins the Monday after January 6, the Epiphany, and goes until the Tuesday before Ash Wednesday, the beginning of Lent. That period can last anywhere from five to eight weeks, depending on when Easter is celebrated. Ordinary time picks up again the Monday after Pentecost Sunday and lasts from twenty-three to twenty-seven weeks, until the end of the liturgical year, the Saturday before Advent begins.

Why the name ordinary? "Ordinary" is not in contrast to "extraordinary" or "special" but rather stresses the Latin language notion of "ordinal" or numbered Sundays. The Latin title for the season, *tempus ordinarium*, conveys the sense that this time of the year is measured or numbered time. Measured time can allude simply to the numbered Sundays, or the notion that these Sundays are a "measured" time to deepen and immerse ourselves completely in the realities of Jesus' incarnation, ministry, passion, death, and resurrection. Ordinary time offers us the opportunity to connect the ordinary lived experiences of our lives with those of Jesus, who modeled for us how to live a truly human existence.

CATHOLIC TRIVIA

©LPI

Question: *What is the name of the physical seat for a bishop in a cathedral church?*

Answer: Cathedra.

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

©LPI

FIRST READING:

Moses hoped the Spirit of the Lord would be bestowed on all the Israelites, not limited just to the seventy elders. What are you hoping for this week?

SECOND READING:

James holds the rich in low regard, warning them against the trappings and dangers of excessive wealth. How are you generous toward others with your resources?

GOSPEL:

Jesus taught his disciples the valuable lesson: "Whoever is not against us is for us." How do you promote unity rather than division at work or at home?

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

GOSPEL MEDITATION

ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

©LPI

Maggots, grubs, worms. When I imagine one or many of these nasty slimy buggers living inside my body — unseen, feeding off my flesh, slowly rotting me out — I feel deeply disgusted. If I knew I had a worm, I would do anything to remove the alien invader, and fast. But what if I couldn't ever get it out?

This is precisely the image Jesus uses to describe those who cause others to sin and fail to cut out what leads them to sin. He contrasts the kingdom of God with Gehenna, "where the worm does not die." If we can stomach it for a moment, there is much wisdom in this nauseating metaphor.

First, sin is always parasitic. It feeds on what is good like a worm in a host. It's not symbiotic or additive, as virtue and love always are. Sin invades, devours, and damages the sinner. Second, sin is always social. No matter how hidden, it quietly eats away at others — usually the most poor and vulnerable, the "little ones," as the Lord says. How healthy it is for us to acknowledge this! Our gossiping, greed, over-indulgence, lying, pride, laziness, lust for power and reputation, and so on ... they do not add anything to life. They are worms eating away at others and ourselves.

We cut out these filthy parasites through genuine repentance and bold action. Imagine the peace and relief that follows the removal of a sickening worm from your body. How much greater is the peace we enjoy when the spiritual worms are gone for good. We'd never wait to act against physical parasites. Neither should we with the worms of sin.

— Father John Muir

LIVE THE LITURGY INSPIRATION FOR THE WEEK

©LPI

"If your foot causes you to sin, cut it off," Jesus says. It's easy to gasp in horror at the thought of going through life deprived of a limb. But our horror should be even greater at the thought of going through life deprived of God's grace.

HOUBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

READINGS FOR THE WEEK

Sunday: Nm 11:25-29/Ps 19/Jas 5:1-6/Mk 9:38-43, 45, 47-48

Monday: Jb 1:6-22/Ps 17/Lk 9:46-50

Tuesday: Jb 3:1-3, 11-17, 20-23/Ps 88/Lk 9:51-56

Wednesday: Jb 9:1-12, 14-16/Ps 88/Mt 18:1-5, 10

Thursday: Jb 19:21-27/Ps 27/Lk 10:1-12

Friday: Jb 38:1, 12-21; 40:3-5/Ps 139/Lk 10:13-16

Saturday: Jb 42:1-3, 5-6, 12-17/Ps 119/Lk 10:17-24

Next Sunday: Gn 2:18-24/Ps 128/Heb 2:9-11/Mk 10:2-16

VOCATION MINISTRY



“WHOEVER IS NOT AGAINST US IS FOR US.”

Pray for your priest. They heard God calling them to the priesthood and chose to serve Christ. Now, they enrich our spiritual well-being everyday in the name of God .

PRAY FOR OUR SEMINARIANS

Rev. Mr. Christopher Weyer, Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Samuel McPeak, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

LETTERS OF SUPPORT FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, drop them off in the parish office. We will gladly forward them for you.

Thank you for supporting our seminarians.

ASSISTANCE DURING COMMUNION

Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the Extraordinary Minister of Holy Communion (EMHC) to your seat with the Host and that you do not miss the opportunity to receive the Lord.

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

PARISH REGISTRATION

Why should you “officially” register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at www.holyspiritvb.org or pick up a registration form at the information desk in the commons. Call the Parish office if you have any questions.

PRAYER OF SERVICE

Dear sweet Jesus,
Every day you give us is a gift.
We know endless gifts from your hands.
Even our attempts to “give back” to you often become new doors of graces in our lives.
Help us to serve you more fully, more deeply Amen.

POPE FRANCIS GENERAL PRAYER INTENTION FOR SEPTEMBER

FOR A SHARED MISSION

We pray that the Church continue to sustain in all ways a Synodal lifestyle, as a sign of co-responsibility, promoting the participation, the communion and the mission shared among priests, religious and lay people .

MARRIAGE ENCOUNTER WEEKEND



Why not give yourselves a weekend away from it all. Time away from the pressures of work and everyday responsibilities. A chance to talk and listen to that special someone who loves you. If that sounds good to you, sign up now for a

Worldwide Marriage Encounter Weekend.

For more information or to register, go to WWME.org, click "Apply" and search for "Virginia" or your desired location.

Feel free to contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com with any questions.

Here are a few upcoming experiences:

October 11-13, 2024 - College Park, MD

November 15-17, 2024 - Virginia Beach, VA

BORROWED PYX

Please return borrowed pyx to the Parish Office.

OFFICE RECEPTIONIST VOLUNTEER

We are looking for volunteers interested in helping the staff in the parish office. Volunteer hours are: Morning 9 am—12 pm and afternoon 12 pm—3 pm.

If interested, please contact Joy Palm in the parish office at 757-468-3600 extension 116.

HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$25 each is still available at the parish office.

Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman.
Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church



COASTAL VIRGINIA WEALTH GROUP

FINANCIAL PLANNING

Financial, Retirement, College & Estate Planning

Patrick Tedesco, CFP Certified Financial Planner Karen E. McNabb, CFP Financial Advisor

757-216-1214 ext. 118

Place Your Ad Here and Support our Parish!

Instantly create and purchase an ad with

AD CREATOR STUDIO



4lpi.com/adcreator

DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?

Engaging, ad-supported print and digital newsletters to reach your community.

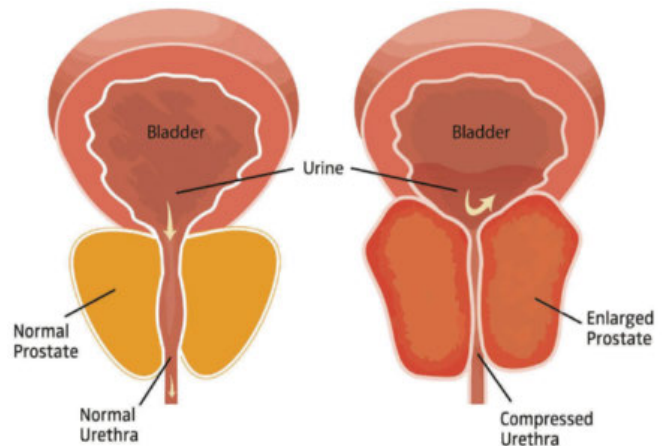


Visit lpicommunities.com

Minimally invasive investigational treatment for

BPH SYMPTOMS

LEARN MORE ABOUT THE EXPANDER-2 TRIAL



INVESTIGATIONAL BPH TREATMENT AT NO COST

BPH symptoms can disrupt sleep for men and their partners and keep them from their favorite activities

A minimally invasive, investigational procedure that may help treat BPH symptoms is being studied now. Take the survey to qualify for the Expander-2 Trial



To learn more, visit expander2-trial.com

catholicmatch[®] Virginia



CatholicMatch.com/VA

LET'S GROW YOUR BUSINESS

Place Your Ad Here and Support Our Parish!

**CONTACT ME
Wendy Bond**

wbond@4LPi.com
(800) 477-4574 x6420



**Honoring traditions,
strengthening faith.**

SMITH & WILLIAMS FUNERAL HOME/KEMPSVILLE CHAPEL
4889 Princess Anne Road, Virginia Beach
757-490-2727 • www.smithandwilliamskempsville.com

ROSEWOOD-KELLUM FUNERAL HOME AND MEMORIAL PARK
601 N. Witchduck Road, Virginia Beach
757-671-1717 • www.kellumfuneralhome.com

PRINCESS ANNE MEMORIAL PARK
1110 N. Great Neck Road, Virginia Beach
757-481-1097 • www.princessannememorialpark.com

Dignity Memorial® Providers of Hampton Roads

State Farm™
Lydia Lacompte
Account Manager
Lynch Insurance Agency, Inc.
757 430 9000
3617 Dam Neck Rd
Virginia Beach, VA 23453
Lydia@LynchInsurance.net
www.LynchInsurance.net

The greatest compliment you can give is a referral.

EMPOWER HEALTH CHIROPRACTIC
Dr. David and Dr. Shelby

\$21 Off 1st Visit
757-314-0124
empowerhealthco.com
244 Mustang Trail, Virginia Beach

Beach Tree & Stump
LICENSED & INSURED
FREE ESTIMATES
757.646.3085

CHS
CATHOLIC HIGH SCHOOL
(757) 467-2881
CHSVB.ORG

NEVER MISS OUR BULLETIN!

SUBSCRIBE

Have our bulletin emailed to you every week.



Visit www.parishesonline.com

Nuñez FINE JEWELERS
For All Your Jewelry Needs

Home to Beach Engraving

Visit us for Jewelry & Personalized Gifts

We do Repairs, Engraving, Appraisals, We buy gold & much more

757-425-8723

H.D. OLIVER
FUNERAL APARTMENTS

Serving the Catholic Community of Hampton Rds. Since 1865

NORFOLK CHAPEL:
1501 Colonial Ave., Norfolk
622-7353

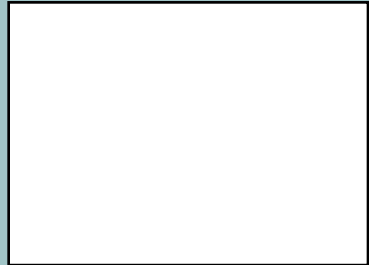
LASKIN ROAD CHAPEL:
2002 Laskin Rd., Virginia Beach
428-7880

CHESAPEAKE CHAPEL:
1416 Cedar Rd., Chesapeake
548-2200

SUPPORT OUR ADVERTISERS!

Levinsky Electric

24-Hour Service
Mike Levinsky, Licensed Electrician
757-714-7522 c 10% OFF SERVICE FOR PARISHIONERS
757-486-7349 o



MARIAN MANOR
ASSISTED LIVING

757-456-5018
marian-manor.com
5345 Marian Lane
Virginia Beach, VA 23462

Sponsored by the Catholic Diocese of Richmond.

Our Lady of Perpetual Help

757-495-4211
ourladyperpetualhelp.com
4560 Princess Anne Rd.
Virginia Beach, VA 23462

Memory Care
Extensive Assisted Living • Nursing Care



IF YOU LIVE ALONE You Need

MDMedAlert!™

✓ Ambulance ✓ Police ✓ Family
✓ GPS & Fall Alert

As Low As **\$19⁹⁵** /mo.

CALL NOW! 800.808.9294
md-medalert.com



Committed to Excellence

ALTMAYER FUNERAL HOMES

5033 Rouse Drive, VA Beach 422-4000
1801 Baltic Ave. • VA Beach 428-1112
929 S. Battlefield Blvd. • Chesapeake 482-3311

Catholic Family Owned & Operated
Chesapeake - Norfolk - Portsmouth - VA Beach
www.altmeyerfh.com

James E. Altmeyer, Sr. & Jr.
Owners & Directors

