



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | Fax: (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: Holy Spirit VB

PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | Friday: 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

JUNE 30, 2024



13TH SUNDAY IN ORDINARY TIME

He took the child by the hand and said to her, "Talitha koum," which means, "Little girl, I say to you, arise!" - Mk 5:41

Excerpts from the Lectionary for Mass (©2001, 1996, 1970 CCD, ©LPI)

WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

WEEKDAY MASS SCHEDULE

Tuesday & Thursday: 6:15 pm
Wednesday & Friday: 8:00 am
*Livestream Mass

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (and Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Tuesdays & Thursdays: 4:00 pm—5:30 pm or by appointment

ADORATION OF THE BLESSED SACRAMENT

Thursdays: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend two (2) Baptismal Preparation Classes in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact Ryan Castro for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact Ryan Castro if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANointing OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

THE RITE OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.

GOD Bless AMERICA

THIS WEEK AT HOLY SPIRIT

(Subject to change, please check our website or call the Parish office)

PLEASE SILENCE ALL CELL PHONES AND ELECTRONIC DEVICES DURING MASS.

**Public/Livestream*

SUNDAY, JUNE 30

8:00 am Mass
Parishioners of Holy Spirit

10:00 am * Mass
Lyone Kennedy †

12:00 pm Mass
Segundo & Susana Andpada †

1:00 pm Private Baptism (Tumalad)

MONDAY, JULY 1

6:00 pm SVDP Outreach Ministry

TUESDAY, JULY 2

10:00 am SVDP Outreach Ministry

4:00 pm Reconciliation (Chapel)

6:15 pm Mass/Rosary (WS) *All Souls in Purgatory †*

WEDNESDAY, JULY 3 FEAST OF ST. THOMAS, APOSTLE

8:00 am Mass/Rosary/Novena (WS) *Gary Thomas Baldwin †*

10:00 am Sunshine Club Board Meeting (L)

12:30 pm Canasta Card Players (A)

7:00 pm Liturgy Committee Meeting (L)

THURSDAY, JULY 4 INDEPENDENCE DAY

PARISH OFFICE CLOSED

FRIDAY, JULY 5

7:15 pm Rosary/Divine Mercy Chaplet (WS)

8:00 am Mass (WS) - *All Souls in Purgatory †*

8:30 am Potluck Breakfast Social Gathering (B)

9:30 am Bible Study — Faith Sharing Community (L)

SATURDAY, JULY 6

5:00 pm Mass (WS)
Larry Damiano †

ANNOUNCEMENT

In observance of Independence Day, the parish office is closed on Thursday, July 4, 2024. Have a safe & blessed 4th of July!



CYBERCRIME ALERT

If you receive a phone call, text or email from Father Anthony requesting money or gift cards, rest assured that it is a SCAM.

Please do not engage, reply, or click on any links.

PARISH CLERGY AND STAFF

(757) 468-3600 | office@holyspiritvb.org

Pastor / Ext 103

Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org

Deacons / Ext 109

Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.org

Rev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org

Director of Liturgy & Music / Ext. 114

Erin Laurence elaurence@holyspiritvb.org

Coordinator of Faith Formation and Youth & Evangelization / Ext 108

Ryan Castro rcastro@holyspiritvb.org

Asst. Coordinator for Faith Formation / Ext. 113

Donna Consla dconsla@holyspiritvb.org

Parish Secretary / Ext 116

Joy Palm jpalm@holyspiritvb.org

Bookkeeper / Ext. 115

Lani Ulep mulep@holyspiritvb.org

Anne Smithberger asmithberger@holyspiritvb.org

Facilities Maintenance Coordinator / Ext. 112

Wayde McNeal..... wmcneal@holyspiritvb.org

Facilities Maintenance Assistant Josh Gora

Pianist/Organist Richard Dettbarn

Website Coordinator Diana Ramos

PARISH COUNCIL

Charlie Chan
Amy Cheatham
Judee Clamor
Marivic Ellorin
Ian Fajardo

Tim Hatton
Ken Hobbs
Linda Kuehn
George Onodu

PRAYER REQUESTS

FOR THE SICK

Nenita Veranga, Cheryl Ann Jolly

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of

Richard Gallegos, Caesar Evasco

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.

BULLETIN SPONSOR OF THE WEEK

Thank you to our sponsor.

Lydia Lacompte
State Farm Insurance

GOLDEN JUBILEE

Renewal of Faith and Capital Improvements Campaign

New Audio System Church and Activity Center	\$150,000
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New Organ	\$70,000
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New Church Signs	\$10,000
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Rectory Roof and other Repair & Maintenance	\$20,000
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To Donate: <https://tinyurl.com/hscapitalimprovementcampaign>
Or Scan QR code:



CURRENT CONTRIBUTION TOTAL

\$215,501.00 as of Sunday, June 23, 2024.

\$3,335.00 - parishioner contributed the past week.
We are currently at 86% of our \$250,000 goal.

We are keeping track of the capital campaign donations. It is important for donors to separate, annotate or specify that the donation is for the campaign. Brochures and envelopes are available at the tables at the entrance of the church and at the welcome desk in the Commons.

Thank you for your continued support and generosity to the parish.

JUBILEE CAMPAIGN PRAYER

God our Father, as we celebrate 50 years of our parish, it is with gratitude, joy and praise that we raise our minds and hearts in prayer. Since its beginning, you have been with us through every step that we have made. Gracious God, as we celebrate our past and rejoice in our present, we also look forward with eager eyes to the future.

We pray that you would continue to make your love known among us. Help us to look beyond our walls to those who do not know you. Through this parish, many hearts have been touched by your presence in the Sacraments.

It is with renewed faith, strength and commitment that we make another step into the next part of the journey of faith and for all this, we ask for your blessings. Amen

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

OPEN JOB POSITIONS

BUSINESS MANAGER

Holy Spirit Catholic Church, Virginia Beach is seeking a full time Business Manager. This position develops and directs administrative, human resources, and payroll programs and policies. Responsibilities include management of the human resource system, capital improvement planning, asset replenishment, building and grounds maintenance and general parish management programs. The position is responsible for ensuring that appropriate personnel, financial, diocesan, stewardship, administrative policies, and standards are implemented by Holy Spirit Parish.

The Business Manager reports directly to the Pastor and works in collaboration with him, the parish finance council, and the parish staff. This position has immediate oversight of the Facilities Maintenance Coordinator, Parish Secretary, Bookkeeper, and office Administrative Assistants. Additionally, it is responsible for advising and leading other pastoral staff in all personnel, financial, payroll and management actions. The Business Manager has regular interface with applicable officials of the diocese, local government, contractors, vendors, and consultants. He/she shall be assisted by qualified volunteers from the parish membership.

Preferred qualifications include: a degree in accounting or related field or equivalent education and experience; proficiency with business accounting systems, office productivity applications (Microsoft Office Suite), ParishSoft and UKG. This full-time position will require approximately 40 hours per week during regular office hours. Hours outside of regular office hours may be required one or more times per month.

COORDINATOR OF FAITH FORMATION, YOUTH AND EVANGELIZATION

Holy Spirit Catholic Church is seeking a full time Coordinator of Faith Formation, Youth and Evangelization. This position oversees the catechetical ministries and evangelization of the parish under the supervision of the Pastor and in collaboration with pastoral staff and ministry volunteers. In implementing and maintaining an integrated "whole of life" formation program at the parish, this position involves direct coordination/implementation of catechetical formation for youth through 12th grade, and collaborative support and ministry in other areas of formation. The Coordinator of Faith Formation, Youth, and Evangelization will work in collaboration with the parish staff, and also works directly with parents, catechists, aides and other volunteers. The Coordinator of Faith Formation, Youth, and Evangelization reports directly to the pastor.

Interested candidates should submit a completed Diocese of Richmond employment application (<http://tinyurl.com/CDRJobApplication>) with a cover letter and resume to mulep@holyspiritvb.org and franthonny@holyspiritvb.org



VACATION BIBLE SCHOOL



VBS returns on
July 15 — 19, 2024

Registration closes on **Sunday, June 30**. Call Ryan Castro in the parish office if you have any questions.

We are in need of adult volunteers for VBS. We need crew leaders who will accompany the children station by station and in all the activities. Please consider joining us on this adventure. Contact Ryan Castro for more info.



Sign up to volunteer at <https://tinyurl.com/HS2024vbsVolunteer> or use the QR code:

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires all volunteers working with children to complete a background check and VIRTUS training.

MIDDLE SCHOOL YOUTH RALLY



All rising 6th-8th grade students are invited to the annual diocesan EPIC Middle School Youth Rally this August 3, 2024, at Saint Joseph's Villa, Richmond. This one-day rally focuses on living epically —just like the saints! Join us for everything from inflatables to Mass, keynote talks to a service project. End your summer by joining in Catholic community with middle school youth from across the diocese.

Registration is \$50 per participant — don't wait to sign up for this EPIC day!

Please contact Ryan Castro, rcastro@holyspiritvb.org for more details.

RIDGE RETREAT FOR RECENT GRADS

Going from college to adult, working life can leave you with a lot of questions. This summer, recent college graduates are invited to a retreat weekend in Richmond where you can find answers and encouragement. There will be time to hear talks, opportunity for prayer and reflection, and a chance to build community with other young adults.

College graduates in the classes of 2023 and 2024 are invited to join us August 2-3, 2024 at Saint Michael's Catholic Church, Richmond. For more information or to register go to: <https://evangelizerichmond.org/events/ridge-recent-graduate-retreat-2/>

EMMAUS JOURNEY RETREAT

This retreat is offered for grieving parents by a team which includes grieving parents, spiritual directors, priests, deacons, and parish leaders. The Emmaus Journey Retreat offers a safe place where you can seek peace, comfort, and hope. Join us on Saturday, October 19, in a warm and loving environment with other parents who know something of your pain. There are two locations to choose from:

**Our Lady of Mount Carmel, Newport News
Church of the Epiphany, Richmond**

Register at <https://ofe.regfox.com/emmaus-journey>
Registration closes October 16, 2024 at midnight

MARRIAGE ENCOUNTER WEEKEND



Why not give yourselves a weekend away from it all. Time away from the pressures of work and everyday responsibilities. A chance to talk and listen to that special someone who loves you.

If that sounds good to you, sign up now for a Worldwide Marriage Encounter Weekend.

For more information or to register, go to **WWME.org**, click "Apply" and search for "Virginia" or your desired location.

Feel free to contact Mark and Cathy Stangler at 703-378-4150 or mstang1987@aol.com with any questions.

Here are a few upcoming experiences:

September 27-29, 2024 - Herndon, VA

November 15-17, 2024 - Virginia Beach, VA

SOCIETY OF ST. VINCENT DE PAUL

www.SVDP-HolySpirit.org
Direct Line: (757) 468-1533
svdp@holyspiritvb.org



Outreach Office Hours:

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

Thank you for your generosity!

FOOD PANTRY NEEDS

This week, we are most in need of:

Assorted pasta
Pasta sauce
Cans of tuna

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

FACE TO FACE CONFESSION

In today's digital world, do we really need to be face-to-face with a priest to confess our sins? Would Facetime or Zoom ever be allowed?

The question of whether or not Catholics can celebrate the Sacrament of Reconciliation virtually (via social media, by phone, or in some other way) is a question that has actually been around for several years. The recent COVID-19 pandemic brought the question back in a new way, especially as many parishes were forced to introduce a sort of "social distanced" confession, with the sacrament being celebrated outdoors.

In reflecting on this question, however, there are a couple points that we want to keep in mind. First, as the Code of Canon Law observes in different places, the faithful have a right to the sacraments of the Church and the Church's ministers have a responsibility to make them accessible. At the same time, however, we always have to be sure that we respect the nature of the sacraments themselves.

Although modern forms of technology and communication can help us in our work of evangelization catechesis, the Pontifical Council for Social Communication has reminded us that, "Virtual reality is no substitute for the Real Presence of Christ in the Eucharist, the sacramental reality of the other sacraments, and shared worship in a flesh and blood human community. There are no sacraments on the internet" (The Church and the Internet, no. 9). Although our encounters with others on the internet and via social media can be considered "real" in one sense, in the sacraments we encounter Christ in a personal and ecclesial way. It is never just a private experience but is always grounded in the life of the Church and this means that it must truly be personal, including the contact between the confessor and the penitent. While the convenience or ease of online celebrations might be appealing for many reasons, at heart, we always want to keep in mind the fullness of the Church's tradition and the meaning of the sacraments.



READINGS FOR THE WEEK

Sunday: Wis 1:13-15; 2:23-24/Ps 30/2 Cor 8:7, 9, 13-15/
Mk 5:21-43

Monday: Am 2:6-10, 13-16/Ps 50/Mt 8:18-22

Tuesday: Am 3:1-8; 4:11-12/Ps 5/Mt 8:23-27

Wednesday: Eph 2:19-22/Ps 117/Jn 20:24-29

Thursday: Am 7:10-17/Ps 19/Mt 9:1-8

Friday: Am 8:4-6, 9-12/Ps 119/Mt 9:9-13

Saturday: Am 9:11-15/Ps 85/Mt 9:14-17

Next Sunday: Ez 2:2-5/Ps 123/2 Cor 12:7-10/Mk 6:1-6a

GOSPEL MEDITATION

ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

Sin isn't given its due these days. Downplaying sin is dangerous. But there is also another spiritual misstep in which we make way too big a deal out of sin. It happens, for example, when we persistently wonder if our confessed sins are "really" forgiven, or suspiciously ponder what God "really" thinks about us, behind His merciful face. Or when someone returns to Church, and we question whether his or her conversion was genuine. Or when we commit some sin and put on a sad face for days, thinking, "Maybe my sins are too great for God to deal with." God save us from that attitude!

Well, he does just that, this week, in the raising of Jairus' daughter. The dead twelve-year-old's house is filled with a spirit of excessive moaning and groaning, tumultuous weeping and wailing. They even laugh at Jesus in a mocking tone. It's shocking how easy it is for him to raise the dead child. It is equivalent to gently waking a kid from a light nap. And then he sends her off to get some lunch. No big whoop. The overactive drama is actually part of the problem, and removing it is a key part of the miracle.

Friends, sin can and does kill, but Jesus is always ready and able to raise us back to life, often without much hullabaloo. His ease of forgiving should never be a pretext for presumption, minimizing sin, or taking lightly the cost he pays for our sins on the cross. But for God's sake, we often need Jesus to put out the weepers and wailers. He's the Lord. And remember, the girl is not dead, she's just sleeping.

— Father John Muir

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

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FIRST READING:

Our wisdom writer teaches us that God did not create death, rather, death entered the world from the envy of the devil. How should a Christian think about death?

SECOND READING:

Paul encourages the community of believers in Corinth to share with others out of their abundance as a means of establishing equality. What could you share with others among your family and friends this week?

GOSPEL:

Mark presents us with independent healing stories of how faith in Jesus saves. What needs healing in your life?

LIVE THE LITURGY INSPIRATION FOR THE WEEK

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Talitha koum. Girl, arise! Jesus said this to the dead daughter of the synagogue official, and she obeyed. Listen for his voice when you are weighed down, burdened with doubt or misery, for he says it to you, too. Arise!

VOCATION MINISTRY CORNER

**“SHE FELL DOWN BEFORE JESUS
AND TOLD HIM THE WHOLE
TRUTH.”**

Let us lay down our lives before Jesus and share the whole truth with him. He may be calling you to follow Him as a priest, sister, or brother. Listen. Talk to your priest or reach out to the Office of Vocations at (804) 359-5661 or via email: vocations@richmonddioocese.org.

PRAY FOR OUR SEMINARIANS

Rev. Mr. Christopher Weyer, Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Anctil, Graham Fassero, Scott Campolongo, Charlie Tamayo, Paul Flagg, William Yearout, David Hairston II, Samuel McPeak, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes.

LETTERS OF SUPPORT FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, drop them off in the parish office. We will gladly forward them for you.

Thank you for supporting our seminarians.

PETER'S PENCE COLLECTION

SUPPORT THE WORKS OF THE HOLY FATHER

This weekend is the Peter's Pence Collection, a worldwide collection that supports the work of the Universal Church, including the work of the Holy See and the charitable works of Pope Francis. Take this opportunity to join with Pope Francis and be a sign of mercy to our suffering brothers and sisters. Please be generous today. **For more information, visit www.obolodisanpietro.va/en.html.**

Be a Witness of Charity to those most in need.

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

CATHOLIC TRIVIA

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Question: *Name the two Sacrament of Service?*

Answer: Holy Orders and Marriage.

PRAYER FOR OUR GOVERNMENT

Dear Lord,
Guide and direct those who serve this country in positions of leadership and power. Give them Your wisdom and clarity as they make decisions for our nation. Amen.

POPE FRANCIS GENERAL PRAYER INTENTION FOR JUNE**FOR MIGRANTS FLEEING THEIR HOMES**

We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

EUCCHARISTIC CONGRESS**Your Life—and the World—Will Never Be the Same**

This summer, Jesus is inviting you to encounter him in a new way. He wants to work wonders in and through you, making YOU a part of salvation history in ways you never could have imagined. Ready to see what God has in store? Come and witness his transformative power at the National Eucharistic Congress.

For the first time in nearly a century, the Catholic Church from every corner of the United States will gather in one place. Together, we will be healed, converted, formed, unified, and launched into a new chapter of Eucharistic mission—on fire with love for Jesus Christ.

Learn more at EucharisticCongress.org.
10th National Eucharistic Congress
July 17–21, 2024
Lucas Oil Stadium, Indianapolis, IN

**HEALING GRACE CD**

Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$25 each is still available at the parish office.

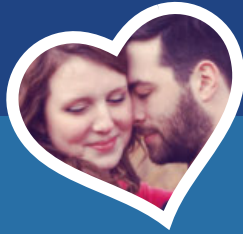
Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman. Music by Erin Laurence and Justin Kaufin.

100% of the proceeds go directly to Holy Spirit Catholic Church

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

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