



HOLY SPIRIT CATHOLIC CHURCH

1396 Lynnhaven Parkway, Virginia Beach, VA 23453
Office: (757) 468-3600 | **Fax:** (757) 468-3342
Sacramental Emergency (after hours): (757) 904-3069
www.holyspiritvb.org | office@holyspiritvb.org
Facebook / Instagram / YouTube: **Holy Spirit VB**

PARISH OFFICE HOURS:

Monday - Thursday: 9:00 am- 4:30 pm | **Friday:** 9:00 am - 12 pm

OUR MISSION

A Catholic community living the apostolic mission to love God, love our neighbor, and make disciples.

DECEMBER 1, 2024

First Sunday of
ADVENT



WEEKEND MASS SCHEDULE

Saturday Vigil: 5:00 pm
Sundays: 8:00 am, *10:00 am & 12:00 pm

ADVENT WEEKDAY MASS SCHEDULE

Tuesday through Friday: 8:00 am
**Livestream Mass*

HOLY ROSARY

Tuesday—Thursday: after Weekday Masses
Friday: 7:15 am (and Divine Mercy Chaplet)

SACRAMENT OF RECONCILIATION

Advent Reconciliation Service or by appointment

ADORATION OF THE BLESSED SACRAMENT

First Thursday of the month: 12:00 pm to 6:00 pm

SACRAMENT OF BAPTISM

Families will meet with Deacon Steve and are **required** to attend two (2) Baptismal Preparation Classes in the parish if you are seeking the Sacrament of Baptism for children under 7 years of age. Contact the Parish Office for more information.

SACRAMENT OF FIRST RECONCILIATION AND FIRST EUCHARIST

Children are required to register and attend Religious Education classes for the current school year in order to participate in the Sacramental Preparation program for First Reconciliation and First Eucharist. Contact Donna Consla for more information.

SACRAMENT OF CONFIRMATION FOR YOUTH

One-year preparation beginning in 10th Grade is required. Contact Donna Consla if your child is in the 10th grade and would like to receive the Sacrament of Confirmation.

SACRAMENT OF MATRIMONY

In the Diocese of Richmond, couples planning to be married in the Catholic Church should notify Father Anthony at least 6 to 9 months prior to requesting a wedding date.

ANOINTING OF THE SICK

Christ strengthens our faith and bestows God's grace in a time of anxiety and pain. Please call the Parish office to make arrangements to celebrate this sacrament if you are ill, facing surgery or enduring current illness.

SACRAMENT OF HOLY ORDERS

Contact Father Anthony in the Parish office or the Office of Vocations (804) 359-5661 or via email at vocations@richmonddiocese.org, if you are discerning a call to the priesthood or consecrated life.

THE ORDER OF CHRISTIAN INITIATION OF ADULTS

Individuals interested in learning about the Catholic Church or entering the catechumenate, please contact Deacon Bob Smithberger in the parish office. Inquiry is welcome at any time.



THIS WEEK AT HOLY SPIRIT*(Subject to change, please check our website or call the Parish office)***PLEASE SILENCE ALL CELL PHONES
AND ELECTRONIC DEVICES DURING MASS.****Public/Livestream***SUNDAY, DECEMBER 1 FIRST SUNDAY OF ADVENT**

8:00 am Mass
Robert Arcido †

10:00 am * Mass with Baptism
Sonny Vicente †

12:00 pm Mass with Baptism
Maria C. Quilon †

1:00 pm Private Baptism — Danley

1:30 pm Grade K-5 Formation

4:30 pm Make up Confirmation Session

6:00 pm Life Teen (A)

MONDAY, DECEMBER 2

11:00 am Widows & Widowers Christmas Potluck Social (B)

6:00 pm SVDP Outreach Ministry

6:30 pm Middle School EDGE

TUESDAY, DECEMBER 3 MEMORIAL OF SAINT FRANCIS XAVIER

8:00 am Mass/Rosary (WS) **Cindy & Bill Thurston**

10:00 am SVDP Outreach Ministry

11:00 am Funeral Reception Committee Christmas Party (B)

1:00 pm Women's Choir Sectionals (L)

6:00 pm Simbang Gabi Rehearsal (WS)

7:00 pm Adult Scripture Study (B)

7:00 pm Confirmation Session 2 (A)

7:00 pm Reconciliation Service (*Star of the Sea Church*)

WEDNESDAY, DECEMBER 4

8:00 am Mass/Rosary/Novena (WS) **All Souls in Purgatory †**

10:00 am Sunshine Club Board Meeting (L)

12:30 pm Canasta Card Players (A)

6:30 pm Sisters in Faith (B/K)

7:00 pm Liturgy Committee Meeting (L)

7:00 pm Reconciliation Service (*St. Luke Catholic Church*)

THURSDAY, DECEMBER 5

8:00 am Mass/Rosary (WS) **Juanita Correa †**

10:00 am SVDP Outreach Ministry

12:00 pm Adoration of the Blessed Sacrament (WS)

5:30 pm Youth Choir (L)

6:00 pm Benediction

7:00 pm Adult Choir (WS)

7:00 pm Women's Cursillo —4th Day (L)

7:00 pm Men's Club (B/K)

7:00 pm Reconciliation Service (*St. Nicholas Catholic Church*)

FRIDAY, DECEMBER 6

7:15 am Rosary/Divine Mercy Chaplet (WS)

8:00 am Mass (WS) **Virginia David †**

8:30 am Potluck Breakfast Social Gathering (B/K)

9:30 am Bible Study—Faith Sharing Community (L)

12:00 pm Office Volunteer Christmas Party

**SATURDAY, DECEMBER 7 FEAST OF SAINT AMBROSE, BISHOP
AND DOCTOR OF THE CHURCH****2ND SUNDAY OF ADVENT (VIGIL)****SPECIAL COLLECTION FOR RETIRED RELIGIOUS**

5:00 pm 2nd Sunday of Advent Vigil Mass (WS)
Alfredo Presto †

PARISH CLERGY AND STAFF(757) 468-3600 | office@holyspiritvb.org

Pastor / Ext 103

Rev. Anthony Mpungu | FrAnthony@holyspiritvb.org

Deacons / Ext 109

Rev. Mr. Robert Smithberger | deaconbob@holyspiritvb.orgRev. Mr. Steve Kuczma | deaconsteve@holyspiritvb.org

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Wayde McNeal..... wmcneal@holyspiritvb.org

Facilities Maintenance Assistant Josh Gora

Pianist/Organist Richard Dettbarn

Website Coordinator Diana Ramos

PARISH COUNCIL

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Judee Clamor

Marivic Ellorin

Ian Fajardo

Tim Hatton

Ken Hobbs

Linda Kuehn

George Onodu

PRAYER REQUESTS**FOR THE SICK****John Santos**

Pray for all the names listed in our book of intentions.

† FOR THE DECEASED †

We extend our sincere sympathy and prayers to the family and friends of all who lost a loved one.

Divina Mendoza, Dr. Reynaldo C. Guerra

Pray for all the names listed in our book of remembrance.

Eternal rest grant unto them, O Lord. Let perpetual light shine upon them. May they rest in peace. Amen.

**BULLETIN SPONSOR OF THE WEEK**

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Catholic Match

SOCIETY OF ST. VINCENT DE PAUL

www.SVDP-HolySpirit.org

SVDP Office number: (757) 468-1533

svdp@holyspiritvb.org



Outreach Office Hours:

Monday 6:00 pm to 8:00 pm

Tuesday & Thursday: 10:00 am to 12:00 pm

FOOD PANTRY NEEDS

This week, we are most in need of:

Bags of Christmas candy

Box of hot chocolate packets

Christmas cookie mix – sugar or chocolate chip

Please place your non-perishable donations on the wire rack in front of the parish office. Thank you.

**ADVENT RECONCILIATION SERVICE
7:00 PM**

December 3	Star of the Sea
December 4	St. Luke Catholic Church
December 5	St. Nicholas Catholic Church
December 10	Church of the Holy Family
December 11	Church of the Ascension
December 12	Holy Spirit Catholic Church
December 16	St. Gregory the Great Catholic Church
December 19	St. John the Apostle Catholic Church

SIMBANG GABI

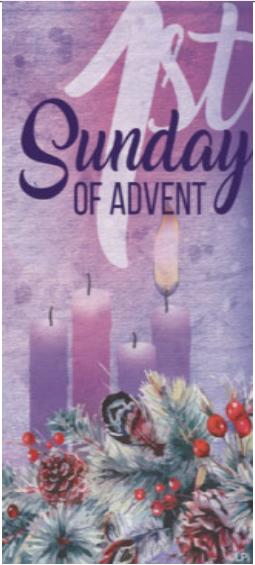
December 15	- 7 pm	St. Luke Catholic Church
December 16	- 5 pm	Church of the Ascension
December 17	- 7 pm	Star of the Sea
December 18	- 7 pm	Church of the Holy Family
December 20	- 7 pm	St. Nicholas Catholic Church
December 21	- 5 pm	Holy Spirit Catholic Church
December 22	- 7 pm	St. Gregory the Great
December 23	- 4:30 pm	St. Luke Catholic Church

**ST. ANDREW
ADVENT PRAYER**

Hail and blessed be the hour and moment in which the Son of God was born of the most pure Virgin Mary, at midnight, in Bethlehem, in the piercing cold. In that hour vouchsafe, I beseech Thee, O my God, to hear my prayer and grant my desires,

[here mention your request] through the merits of Our Savior Jesus Christ, and of His blessed Mother.

Amen.



CHRISTMAS FLOWER MEMORIALS AND

Christmas Flower Memorials & Liturgical Decor

Honor a loved one and help beautify our Church for Christmas.
Envelopes available at the Welcome Desk.

CHRISTMAS FLOWER MEMORIALS ARE DUE TO THE PARISH OFFICE BY SUNDAY, DECEMBER 9, 2024

GOLDEN JUBILEE RAFFLE TICKETS

GOLDEN JUBILEE RAFFLE

Grand Prize \$10,000*
2nd Prize \$2,000
3rd Prize \$500

Ticket Price \$100.00

Tickets sold in the commons after all Masses

DRAWING 12/21/2024
(after Simbang Gabi Mass)

* TICKET SALES MUST BE MET. ALL PRIZES WILL BE ADJUSTED ACCORDING TO ACTUAL TICKET SALE

GOLDEN JUBILEE PHOTOS

Do you have photos from events at Holy Spirit from the past 50 years that you would love to share?

Holy Spirit is collecting photos to be used in our 50th Anniversary Commemorative Book that highlight events such as parishwide celebrations, trips, pilgrimages, outreach, and fundraisers.

Please scan the QR code to submit photos for use in our 50th Anniversary Commemorative Book.

For questions, please email hs50@holyspiritvb.org

Thankful for you

SUNSHINE CLUB CHRISTMAS LUNCHEON



The Sunshine Club Christmas Luncheon will be held on Wednesday, December 11 at 12 noon at the Sheraton Virginia Beach Ocean Front Hotel. Free parking is available in the parking garage across the street as well as a complimentary valet parking. The Luncheon menus consist of Ham, Mashed Potatoes, Gravy, Corn, Rolls and Butter, Coffee and Iced Tea. Cost to attend is only \$22.00 for Sunshine Club members and \$27.00 for Sunshine Club members guests.

The deadline for signing up is Sunday, 1 December 2024.

Payments will NOT be accepted after the deadline or at the door the day of the luncheon.

Sign up forms are available in the Sunshine Club box located in the parish reception office.

For questions, call Jim Pokrywka (757) 340-8138.

Hope to see you there.

UNIVERSAL PRAYER (Prayer of the Faithful)

Please call the Parish office to add names of the sick and recently deceased to the Universal Prayer which will be read at weekend Masses.

Only family members may request names to be added for the universal prayer.

The Book of Intentions and Book of Remembrance are located in the Chapel for non-family members or for death anniversaries.

Please be assured that we pray for all the names on both books at all Masses.

HOPE 4 LIFE VOLUNTEER OPPORTUNITY



Do you feel called to serve Christ in a purposeful, courageous way that helps save lives? Hope 4 Life, the only local Catholic pregnancy center, needs your help! One of our primary roles is standing prayerfully outside local abortion clinics, speaking words of truth, hope and love to the moms and encouraging them to choose life for their unborn child. We need volunteers to serve as either sidewalk advocates or prayer partners (on site, in support of the advocates). Though challenging, there is nothing more rewarding than being a part of God's work in saving the life of a child and the souls of the parents. Please prayerfully consider this opportunity to be a voice for the voiceless.

For more information, call or text Katrina at (757) 334-6149.

ONLINE DONATION



FIRST SUNDAY
OF ADVENT

Let us walk
in the light
of the Lord

2024—2025 FAITH FORMATION RELIGIOUS EDUCATION CLASS REGISTRATION NOW OPEN

Grades K—5

Meets on Sundays: 1:30 pm – 2:45 pm

Grades 6-8: (Middle School EDGE)

Meets on Mondays: 6:30 pm - 8:00 pm

Grades 9-12: (Life Teen)

Meets on Sundays: 6:00 pm - 8:00 pm

FEE: \$65 1 child | \$90 2 children | \$110 3+ Children

REGISTRATION FORMS AVAILABLE IN THE PARISH OFFICE.

For more information, contact Donna Consla in the parish office at extension 113 or by email at dconsla@holyspiritvb.org

CHILDRENS LITURGY OF THE WORD (CLOW)

We are looking for volunteers and aides for Children's Liturgy of the Word (CLOW) during the 10 am Mass.

If you are interested or would like more information, contact Donna Consla in the parish office at ext. 113 or by email at dconsla@holyspiritvb.org

VOLUNTEER REQUIREMENT

The Diocese of Richmond requires **ALL** volunteers complete a yearly background check and VIRTUS training every five years.

YOUTH CHOIR



Children in grades 2 - 8 interested in singing for the Christmas Concert and for the 4 pm Christmas Eve Children's Mass are welcome to join the Holy Spirit Youth Choir.

Thursdays: 5:30 pm - 6:10 pm

Location: Church Library

Contact Erin Laurence in the parish office for questions.

SIMBANG GABI CHOIR



Anyone interested in joining the Simbang Gabi Choir are welcome. Join us for rehearsals starting this Tuesday, December 3 in the Worship Space.

Tuesday, Dec. 3 at 6:30pm

Tuesday, Dec. 10 at 6:30pm

Tuesday, Dec. 17 at 6:30pm

SAINT JOSEPH AND ADVENT BOOKS



The 2025 Saint Joseph Annual Missal (\$5 each) and the 2024 Magnificat Advent Companion (\$2 each) are available for purchase at the welcome desk after all Masses and the parish office during office hours.



Get them early as there are limited books available.

CATHOLIC LIFE EXPLAINED WHY DO WE DO THAT?

ADVENT WREATH

©LPI

What's the story behind the Advent wreath?

Each season in the liturgical calendar comes with its own local and regional rituals. During the Advent season, wreaths adorn church sanctuaries and family dining room tables. You may have said Advent wreath prayers in childhood or taken a turn lighting the candles. The Advent wreath is full of symbolism about Christ and his coming at Christmas. The wreath is made of evergreen boughs, reminding us that the life of grace doesn't falter with the changing seasons. It always remains fresh and new. Similarly, a circular wreath reminds us of the eternal, never-ending nature of God's love.

Candles remind us that Christ is the light of the world, the One who "shines in the darkness, and the darkness has not overcome it." We use four candles to represent each week of Advent. Traditionally they come in the liturgical colors of the season. Purple has historically represented penance and sacrifice. We see the same color for the season of Lent. On the third Sunday of Advent, however, we light a rose color. The priest will wear rose vestments at Mass. This is Gaudete Sunday. Gaudete means "rejoice" in Latin. On the third Sunday of Advent, we're roughly halfway through the season. The Church chooses the midpoint to remind us to celebrate in the midst of our anticipation! Whatever the color and whatever the day, the Advent wreath is a beautiful practice to focus our attention on Christ's coming at Christmas.

HOMEBOUND MINISTRY

If you are unable to attend Mass due to illness, call the Parish office to request communion brought you.

BORROWED PYX

Please return borrowed pyx to the Parish Office.

LOW GLUTEN HOST

If you are in need of a low-gluten host at Mass, please contact the Parish office.

QUESTION OF THE WEEK REFLECT AND RESPOND TO THE SCRIPTURE

©LPI

FIRST READING:

The prophet Jeremiah speaks of God's promise to save Jerusalem so all can "dwell safely" in the land. Where in your life do you feel the safest?

SECOND READING:

In preparation for the return of Jesus, Paul prayed that the believers in Thessalonica would love one another and conduct themselves in a way pleasing to God. As we enter the season of Advent, what could you do to actively prepare for the return of Jesus?

GOSPEL:

Jesus forewarns his disciples not to let the daily anxieties of life distract them from the coming day of his return. Who helps you when you are overcome with anxiety?

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

©LPI

When I was a young priest, about one year after ordination, I was called to the hospital to anoint a dying mother of three young children. She had a painful, terminal cancer. After celebrating Last Rites with her, I said, "Don't be afraid." She looked me square in the eye from her hospital bed and said, "Oh Father, I am in a lot of pain, but I am not afraid. Something wonderful is about to happen." A few days later she died.

Christians face the ending of our personal various "worlds" in a totally unique way. This first Sunday of Advent, Jesus says that when people see their world falling apart, they find themselves "**fainting with fear and with foreboding of what is coming on the world**" (Luke 21:26). In our fear, our natural response is to check out, to hide our heads in drunkenness, distraction, and false securities. But Jesus commands us to "**look up and raise your heads, because your redemption is drawing near.**" He then compares what's coming to a lovely summer in full bloom. That's what the cross and resurrection empower us to do, as strange as it may seem.

Advent challenge: What world in your life is collapsing? A relationship, a dream, a work opportunity? Maybe you're troubled by a crumbling world in the political or economic sphere. Or maybe someone you love is seriously ill or dying. Name that world or worlds. Then pray: "Lord, help me to not faint with fear. Help me to raise my head and see your redemption coming."

— Father John Muir

LIVE THE LITURGY INSPIRATION FOR THE WEEK

©LPI

Jesus tells us to "be vigilant at all times." Advent is a time of watchfulness. Things are moving and shifting and changing — in our souls, in heaven, on earth. It's a time of great consequence. Great trial. Great hope. So, look to Jesus. He is coming.

CATHOLIC TRIVIA

©LPI

Question: *What is the difference between a cross and a crucifix?*

Answer: A crucifix always includes Christ's body and a cross does not.

READINGS FOR THE WEEK

Sunday: Jer 33:14-16/Ps 25/1 Thes 3:12—4:2/Lk 21:25-28, 34-36

Monday: Is 2:1-5/Ps 122/Mt 8:5-11

Tuesday: Is 11:1-10/Ps 72/Lk 10:21-24

Wednesday: Is 25:6-10a/Ps 23/Mt 15:29-37

Thursday: Is 26:1-6/Ps 118/Mt 7:21, 24-27

Friday: Is 29:17-24/Ps 27/Mt 9:27-31

Saturday: Is 30:19-21, 23-26/Ps 147/Mt 9:35—10:1, 5a, 6-8

Next Sunday: Bar 5:1-9/Ps 126/Phil 1:4-6, 8-11/Lk 3:1-6

VOCATION MINISTRY

“BE VIGILANT AT ALL TIMES AND PRAY”

God calls us to be watchful and alert to His voice. Is He calling you to the priesthood or consecrated life? Be open and vigilant in prayer and talk to your priest or reach out to the Vocation Office (804) 359-5661 or via email: vocations@richmonddiocese.org.

PRAY FOR OUR SEMINARIANS

Rev. Mr. Christopher Weyer, Rev. Mr. Andrew Clark, Rev. Mr. Samuel Hill, Rev. Mr. Matthew Kelly, Brennen McCoy, John Paul Shanahan, Michael Anctil, Scott Campolongo, Graham Fassero, Charlie Tamayo, William Yearout, David Hairston II, Chad Wilson, Peter Olbrych, Maximus McHugh, Jack Domark, Carl Baumann, Jonathan Kenney, Neal McCaffrey, Minh Tran, Avention Grimes, Austin Alanis, Andrew Allen, Martin Beers, Tim Soukup, Carlos Gonzalez Jr, Martin Kroll

LETTERS OF SUPPORT FOR SEMINARIANS

Our seminarians could use letters of encouragement and support. If you are interested in lifting their spirits and encouraging them in their vocation to serve our Lord as future priests through cards or letters, drop them off in the parish office. We will gladly forward them for you.

Thank you for supporting our seminarians.

ASSISTANCE DURING COMMUNION

Parishioners who are unable to walk in the communion line to receive the Eucharist during weekend Masses are asked to inform an Usher **before** Mass begins each week. This will ensure that the head usher directs the Deacon and/or the Extraordinary Minister of Holy Communion (EMHC) to your seat with the Host and that you do not miss the opportunity to receive the Lord.

ADDRESS & CONTACT INFO CHANGE

If you have a change of address or contact info, please contact the parish office at (757) 468-3600 or by email at office@holyspiritvb.org so we can update our records. Thank you.

PARISH REGISTRATION

Why should you “officially” register as a parishioner at Holy Spirit Catholic Church?

It is a requirement for any type of sponsorship documentation, such as Baptismal Attestation to be a godparent for Baptism, or letters of good standing for Catholic schools.

Registration forms are available online at www.holyspiritvb.org or pick up a registration form at the information desk in the commons. Call the parish office if you have any questions.

PRAYER FOR THE 1ST WEEK OF ADVENT PRAYER OF EXPECTATION

Dear God,
As we prepare for Your arrival,
align our hearts and homes to Your will.
Pour into us Your grace, as we wait in joyful expectation .
Amen.

POPE FRANCIS GENERAL PRAYER INTENTION FOR DECEMBER

FOR PILGRIMS OF HOPE

We pray that this Jubilee Year strengthen our faith, helping us to recognize the Risen Christ in our daily lives, and that it may transform us into pilgrims of Christian hope.

HEALING GRACE CD



Now available for purchase online on Apple iTunes Music and Amazon Music. Physical CD for \$25 each is still available at the parish office.

Finding hope through Scripture, reflections and prayer offered by Rev. Matthew Kiehl and Rev. Timothy Kuhneman.
Music by Erin Laurence and Justin Kauflin.

100% of the proceeds go directly to Holy Spirit Catholic Church

HEARTS OF *Love & Humility*

FUNERAL THANK YOU

The family of **Patty E. Skopal** would like to express our heartfelt gratitude to the Holy Spirit community for the prayers, love, and support extended to us as we celebrated Patty's life and faith. A special thanks to Father Anthony and staff for the beautiful service. Additional appreciation to the Funeral Reception Ministry for the warm reception that brought comfort and peace to our hearts during this difficult time. To our Holy Spirit family, your kindness and prayers have been a source of strength, reminding us of the incredible blessing of belonging to such a compassionate and caring community.

The family of **Ronald King** wishes to express our sincere gratitude to Clergy, staff and volunteers for a beautiful Mass and reception. We are touched by the love and support of all the parishioners who donated food for the reception.

The family of **Edith Causey** would like to express their gratitude for all involved in the funeral service and reception. We are grateful for the love and support for our family.



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